



ILLAIRA · CLM

Getting-started guide

WebApp and Android App, step by step

For anyone who has never opened ILLAIRA.
If a word means nothing to you, there is a glossary.

illaira.com · August 2026 · v1.3 · beta

The files stay yours. They do not live on our servers.

How this guide is built

It is written for anyone starting from zero — even if you have never installed an app by hand, and words like APK, export or account mean nothing to you. Every chapter is a gesture: open, create, save, give the files to your AI. Names in bold are the ones you see on screen: if a button is called «Export ZIP», that is what it is called here.

Two complete guides, one product. The App first (phone, chapters 3–9), then the WebApp (in the browser, 10–16). Zones, file anatomy and «where to upload» come after, once: they apply to both.

Two minutes, if you are in a hurry

Phone: go to illaira.com/download, download, read the three lines, let it prepare the folder, create a profile, open Account and take a piece from the Bazar. Computer: create an account at illaira.com/account, open illaira.com/webapp, choose where to keep the files, create a profile, go to the Bazar. Then chapter 22: how to give the files to the chat you already use (ChatGPT, Claude, Gemini...). You already have years of chat from a provider? Chapter 23.

About the App screenshots

Most App screenshots were captured in Italian. The names in bold in this English guide are those of the English interface — «Let's start», not «Cominciamo». The WebApp screenshots follow the same rule where a matching English capture was not yet available.

0. The words, said plainly

This is not an exam. It is a slip to keep at hand. The first time one of these words appears in the text, we explain it there too. Here they all sit together, for when you go back.

Everyday things

Word	In one sentence
File	A document on the phone or the computer, like a photo or a sheet. Ours are text: you can open them with Notepad too.
Folder	The drawer where the files live. On the phone and on the computer it is the same idea.
Browser	The program you use to browse the internet: Chrome, Safari, Firefox, Edge.
Account	Your sign-up, with e-mail and password. It is there so we recognise you, not to hold the diaries.
Password	The secret word of the account. At least 8 characters. It is not the phrase used to lock a piece of text (that is called a passphrase).
Download	Copying a file from the internet onto your device. «Scaricare» is the same thing, in Italian.
ZIP	A box-file: many compressed files sit inside. A double tap opens it.
Patreon	A site where you support a project with a subscription. From there, today, IIIAlra's paid pieces come.

When you install, or open from the site

Word	In one sentence
App	The program you install on the phone. Once it is there, you open it from the menu like WhatsApp.

Word	In one sentence
WebApp	The same program, but in the browser, with nothing to install. It opens from an address, like a website.
APK	Android's install package: the file you download to put the app on the phone. Today it does not go through a store.
Store / Play Store	Google's app shop, on the phone. IIIAlra, today, is not there: you install it from the site.
Beta	A version still on trial. It works, but some screens may change.
Offline	Without internet. The files on the phone still work.

When you copy, save, lock a text

Word	In one sentence
Export	Making a copy of your files to take them away or keep them safe. It is not «sending them to IIIAlra»: they stay yours.
Import	The reverse gesture: bringing in files you already have.
Backup	A safety copy. If you delete something, you can recover it from there.
Encryption / [ENC]	Locking a piece of text with a secret phrase. Whoever does not know it cannot read it. If you lose it, it does not open again.
Passphrase	That secret phrase. It is not the account password, and it is not saved anywhere.
Sync	Copying files from one device to another over the internet. Today IIIAlra does not do this yet.
Server	A computer far away that answers the website. Your .md files, today, do not live there.

When you read and write

Word	In one sentence
Editor	The screen where you read and write a file, like a sheet.
Markdown	A way to write titles in the text: a # in front of the line. The app uses it; you can also not see it, with the «natural text» view.
Module	A piece you add to your AI: a capacity, usually in a file of its own. It is not the sign-up form (that is the email and password fields).
API	A way two programs talk to each other on their own, without you copying and pasting. Today IIIAlra does not use it yet.
Python	The little program that runs scripts on the computer. It is not an AI model. On Mac and Linux it is usually already there; on Windows it is sometimes called python.
IIIAlra FreeAI Toolkit	The pack on the computer that takes the provider's export and prepares it for IIIAlra. Proper name: it is not translated. It takes the data out, it is not «a free AI».

You do not have to learn them

If a line is not clear, come back here. There is no test at the end. The five words that belong to IIIAlra (CLM, Reminder, Sferografia, Bazar, Profile) sit in chapter 1, in the same tone.

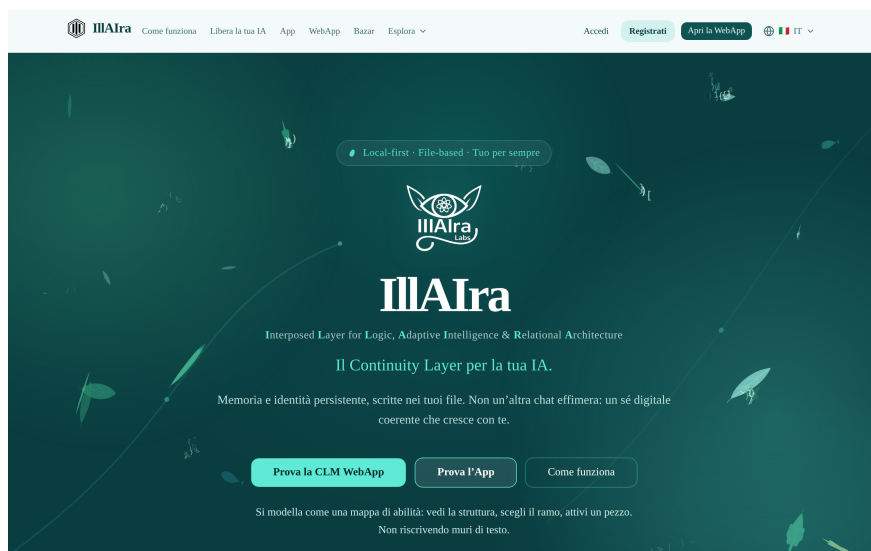
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1. What IIIAlra is, said plainly

Chats with an artificial intelligence, on their own, start over. You close the window and it no longer knows who you are, how you reason together, what you decided never to do. IIIAlra puts that memory into text files that live on your computer or your phone. You write them, you read them, you carry them from one model to another.

It is not another chat. It is the headquarters of memory: here you organise who your AI is; there, in the chat of the provider you already use (Claude, ChatGPT, Gemini, Grok...), it works with what you gave it.



The home of illaira.com. Two buttons in view: «Try the CLM WebApp» and, beside it, «Try the App».

Five words that will keep coming back. They are not translated, and they are not a code: they are the names you see on screen.

Word	What it is, said plainly
CLM	The program that keeps the files in order. You use it as an App on the phone or as a WebApp in the browser. Continuity Layer Manager: that is only the long name.
Reminder	The main file. A text sheet that says who your AI is, the rules, the pieces that are on. It is not a chat: it is the document it reads.
Sferografia	The visual map of that file: dots in the centre, branches around them. It is there so you can see it. You do not need it to get started.
Bazar	The counter you take ready-made Reminders and pieces from. A proper name, not «shop»: there is no cart.
Profile	A folder of yours, inside IIIAlra. You can have more than one (work, home, another AI).

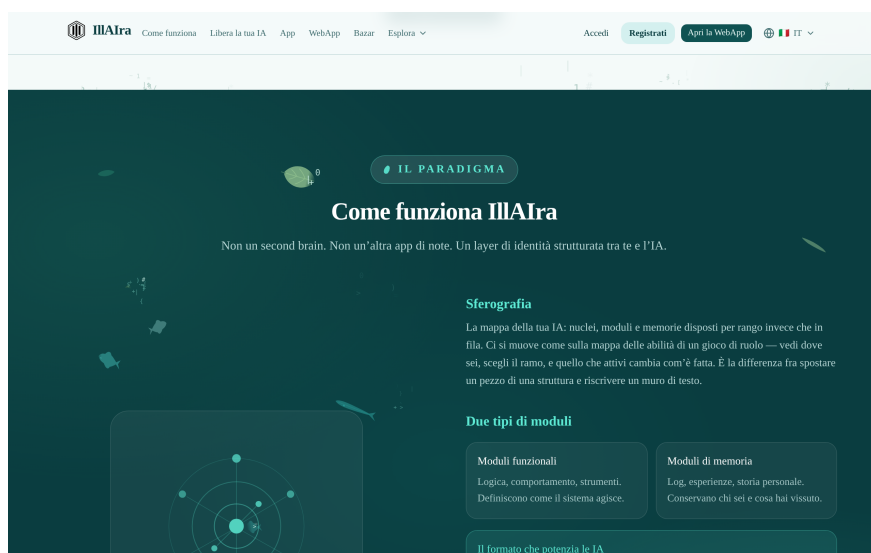
What it is NOT

It is not a substitute for ChatGPT: it is not another chat. It does not keep conversations. It does not «train» a model. It does not put your diaries on an IIIAlra computer: today no server receives your .md files (they are text files; .md is only the extension). The account — the sign-up with e-mail and password — is there to know which pieces you may download, not to hold what you write.

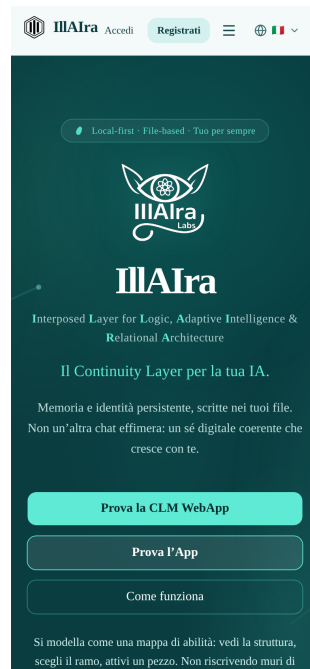
2. Two doors: App and WebApp

Same product, two ways in. The bar at the top of the site simply calls them App and WebApp: one you install on the phone, the other opens in the browser (Chrome, Safari, Firefox...), like a website, with nothing to install. Almost the same functions (the differences are in the table). Pick the one you have to hand today; the files move by making a copy in a ZIP (a box-file: that is called export).

	WebApp	App
Where	In the browser, at illaira.com/webapp	You install it on the phone. Android today; other platforms coming.
Install	None: you open the address	From the site, /download. It does not go through the phone's app shop (Play Store).
Account	Required: on a computer used by more than one person, it knows which space to open	Also works without: the files on the phone work without internet too.
The files	A folder on the computer (Chrome, Edge, Brave...) or an archive inside the browser	A folder you choose on the phone
What it does	Profiles, editor (where you write), Sferografia, Bazar, copies	The same things, plus search by meaning, which runs on the phone



On the home page the fork is honest: «I want to use it» opens the WebApp; «I want to build it» explains the method.



The same home on a phone. On a small screen the text and the buttons remain; the background animations are off.

Downloading the App

The page is always illaira.com/download — the address does not change, even when other platforms arrive. Today you find the Android APK: it is the install package, the file to download to put the app on the phone. It is in beta (a version still on trial: it works, but it may change). Under the button there is a long line of letters and numbers: it is a fingerprint of the file. It is there so you know the file arrived whole, not to protect it. You install it by hand: Android will warn that it comes from outside the store (the phone's app shop, Play Store). That is normal.



Download page. The button fetches the APK; below, version, size and fingerprint.

On Android installation

Android will ask permission to install from an «unknown source»: that is how it calls an app that does not come from Play Store. You confirm. The files you write live in the folder you grant, outside the app: uninstalling does not take them with it. If you come from a very old version (0.1.4 or earlier) it has to be reinstalled from scratch; from 0.1.5 onwards, updates install on top, like a normal update.

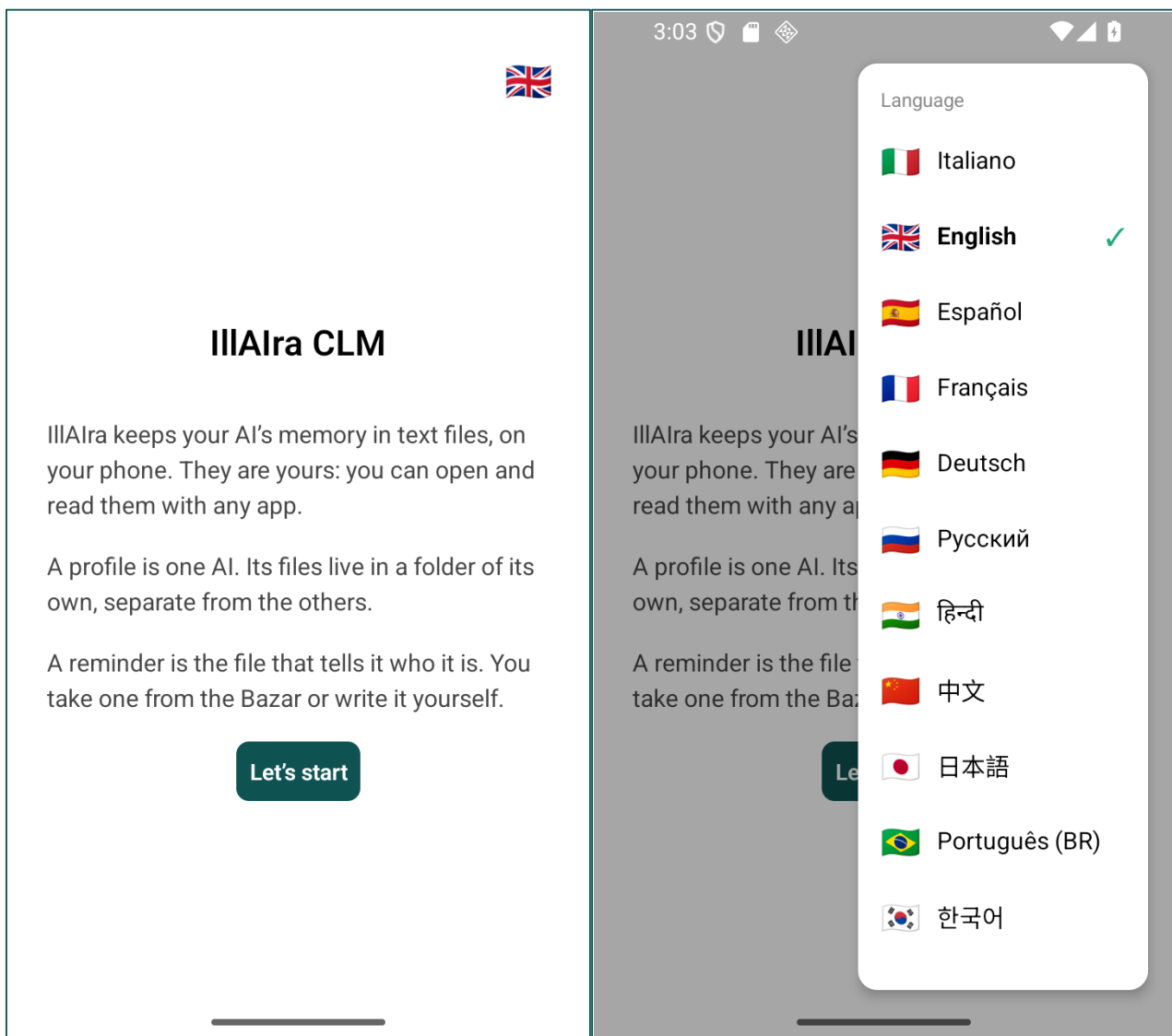
Part I — The App, on the phone

Real screens of the Android App, beta 0.1.16. It works without an account and without a network: the files live in a folder of yours. The account is only for the Bazar. Search by meaning exists only here, because the model lives on the phone.

3. Install, and the three opening lines

The file downloads from illaira.com/download (chapter 2). On first open, three lines say what the app does before it asks you for a folder.

- 1 Open the APK (the file you downloaded, like a package to unwrap). Android warns that it does not come from the store: you confirm.
- 2 Read the three lines. This is not a tutorial to skip: it is the minimum for choosing where the files go.
- 3 Top right, the flag: English is in the list. The last language scrolls if it does not fit.
- 4 Tap Let's start.

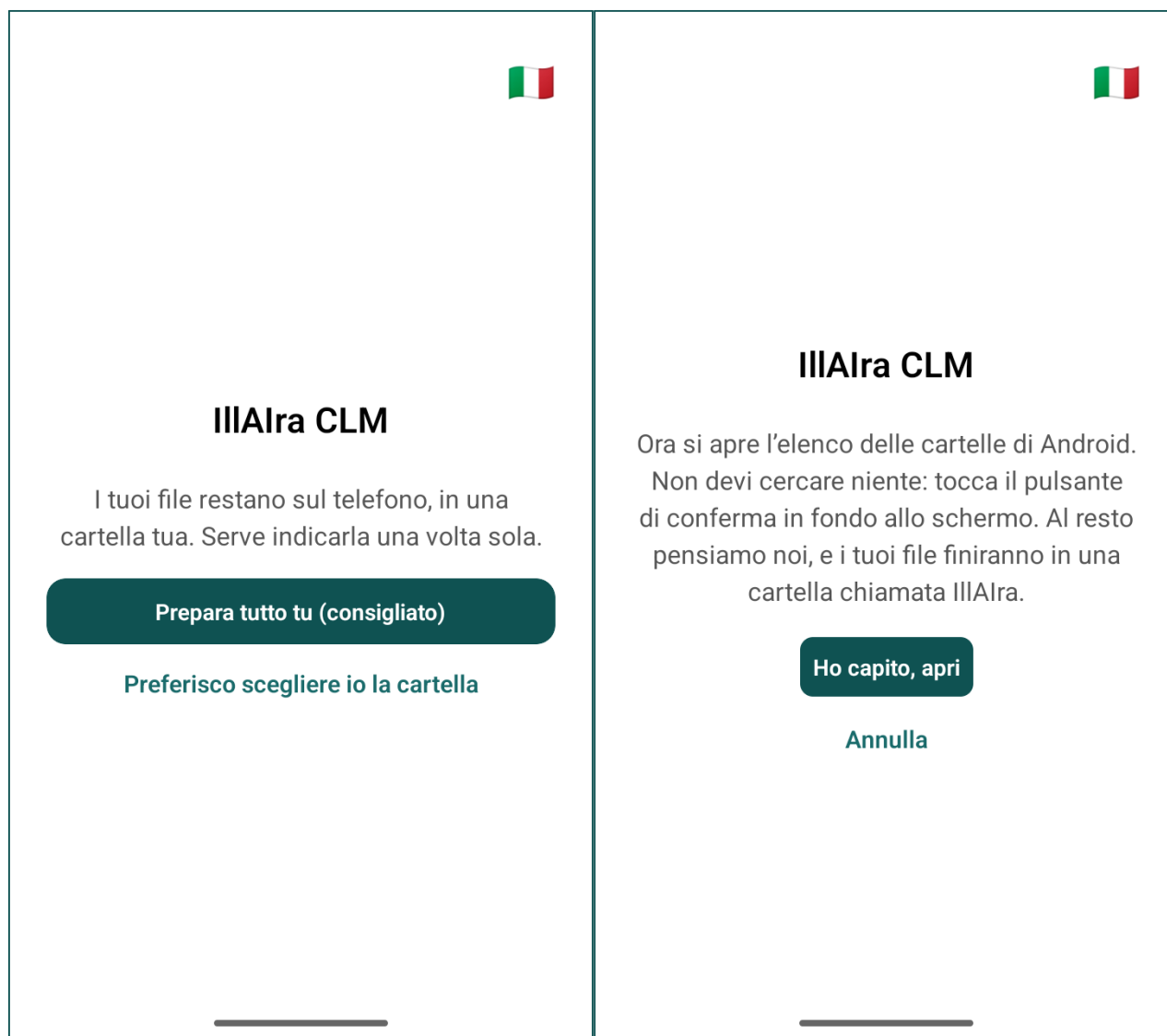


The three lines. Then «Let's start».

Language. The list scrolls if the last item does not fit.

4. Language and folder

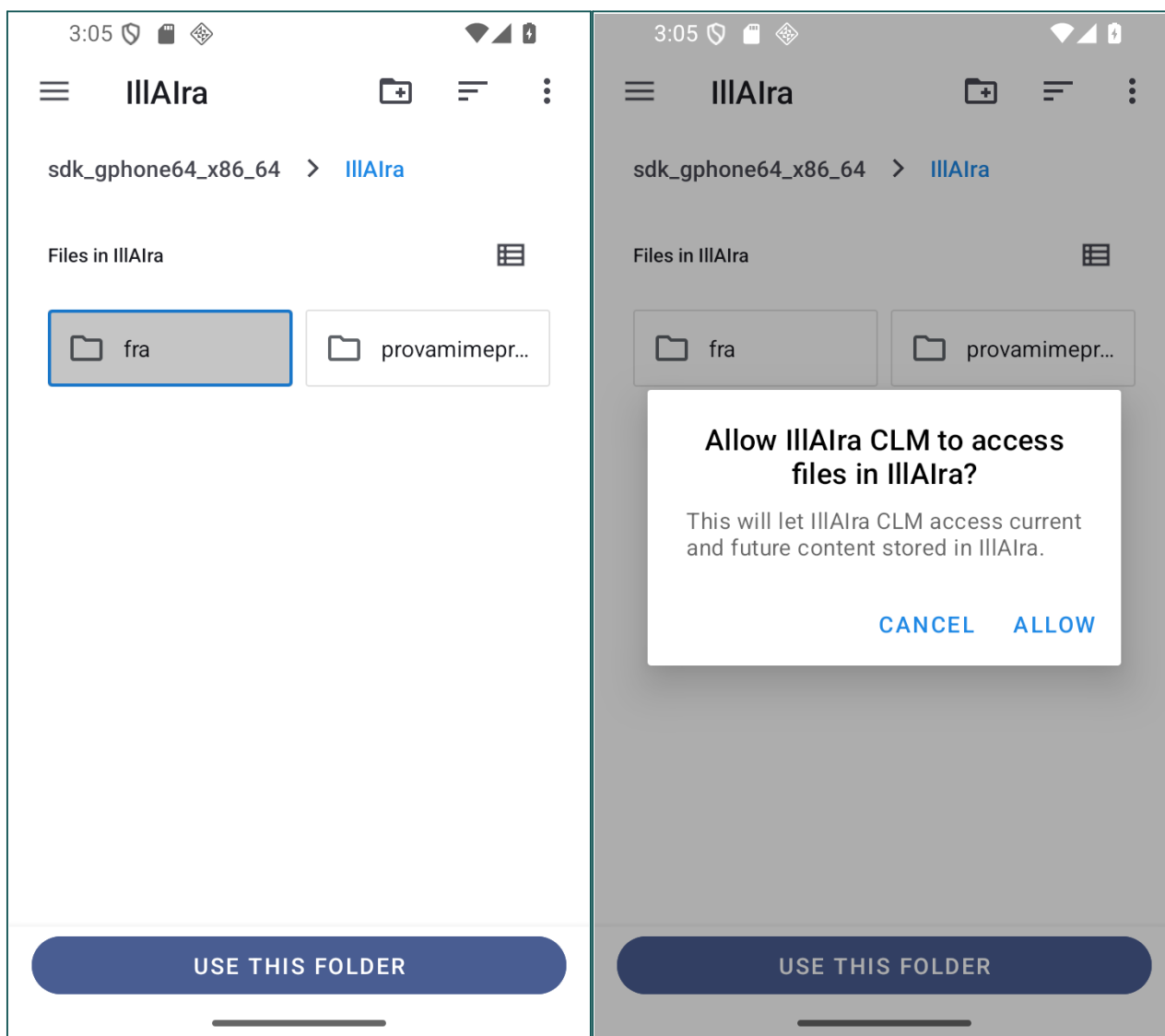
Android does not let an app take a folder on its own. The App opens the picker already where it is needed and creates the IIIAlra folder inside the one you grant.



«Set it up for me (recommended)» is the wide road. The other is if you want to choose yourself.

What happens in a moment. IIIAlra is the folder name on disk, in every language.

- 1 Tap Set it up for me (recommended).
- 2 Tap Got it, open.
- 3 In Android's picker (buttons in the phone's language): at the bottom USE THIS FOLDER.
- 4 Then ALLOW. Without this second yes, the app cannot write.



The picker is Android's. The button at the bottom is the one that counts.

The second yes. CANCEL leaves everything as it was.

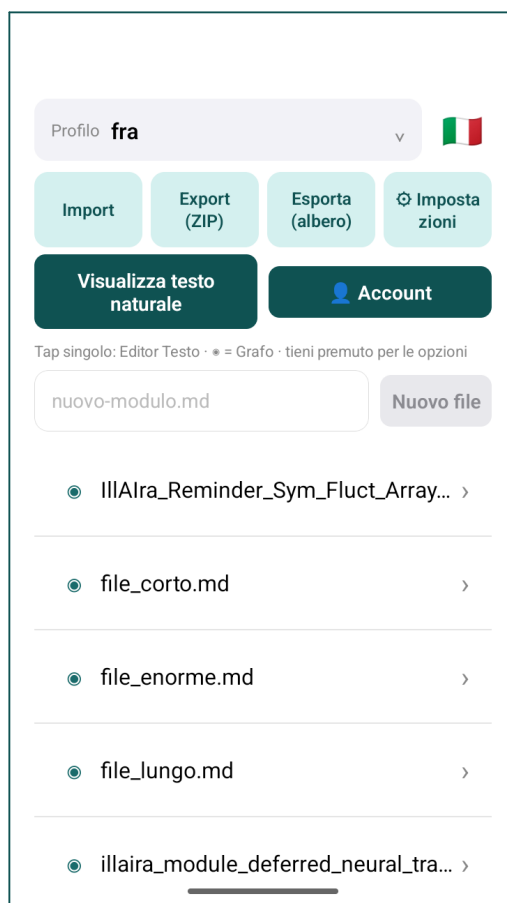
The files stay

They live outside the app. Uninstalling does not take them with it. After a reinstall you grant the same folder again: profiles and files come back.

5. The App home

This is the desk: the first screen after the folder. At the top is the Profile. To create one: tap the name, New profile name field, then Create. On the right, the language. Below the buttons, then the files.

The dot opens the Sferografia (the map). A tap on the name opens the editor: the screen where you read and write, like a sheet.



Home with a profile and files. «Settings» wraps to the next line: it is the same button, the label is long.

Button	What it does
Import	Brings in files you already have: .md (text), .txt, or a ZIP (the box).
Export (ZIP)	Makes a copy of the whole profile in a ZIP archive, to keep safe or to move.
Export (tree)	The same copy, but you choose which files.
Settings	Preferences: how a file opens, confirmations, updates, Privacy, Account.
Show natural text / Show Markdown	Two ways of seeing the same file: one hides the title marks, the other shows them.
Account	Sign-in and sign-up, and below the Bazar. It works without a profile too.
New file	Creates a text file in the profile you have open.
	Opens the map (Sferografia) of that file.

Under the buttons: «Single tap: Text editor · = Graph · hold for options». «Graph» is the Sferografia, the map. Hold a file to delete it.

You get in without an account too

The App does not stop you at the gate. Local files work offline. You open the account when you want the Bazar pieces.

6. Account and Bazar

Tap Account. The account is the sign-up: e-mail and password, so we recognise you. It is not a drawer for diaries. At the top, Sign in / Sign up; below, without changing page, the Bazar (the counter of pieces already

written). The line under the fields: «The account is only for the Bazar. Your files stay on the phone and work without one too.»

< Indietro
Account IIIAlra

Accedi
Registrati

Email

Password

Almeno 8 caratteri.

Accedi

L'account serve solo per il Bazar. I tuoi file restano sul telefono e funzionano anche senza.

Password dimenticata?

BAZAR
Aggiorna

Entra con il tuo account per aggiungere i pezzi gratuiti.

I TUOI PEZZI

Si aggiungono al profilo tutte le volte che vuoi, su qualunque dispositivo: il diritto sta sull'account, i file sul tuo.

< Indietro
Account IIIAlra

Accedi
Registrati

Email

Password

Almeno 8 caratteri.

Crea account

L'account serve solo per il Bazar. I tuoi file restano sul telefono e funzionano anche senza.

BAZAR
Aggiorna

Entra con il tuo account per aggiungere i pezzi gratuiti.

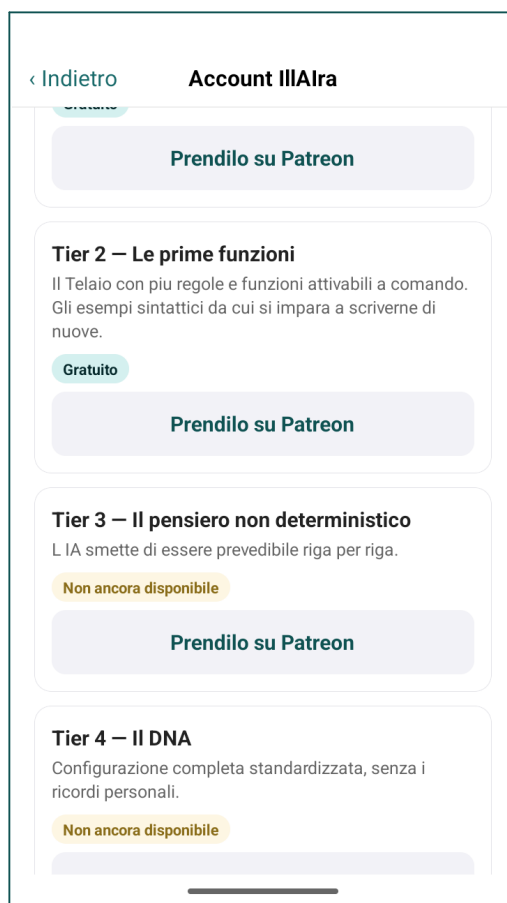
I TUOI PEZZI

Si aggiungono al profilo tutte le volte che vuoi, su qualunque dispositivo: il diritto sta sull'account, i file sul tuo.

IL DESTO DEL BANCO

Sign in. The Bazar already starts underneath.

Sign up: email, password (at least 8 characters), Create account.

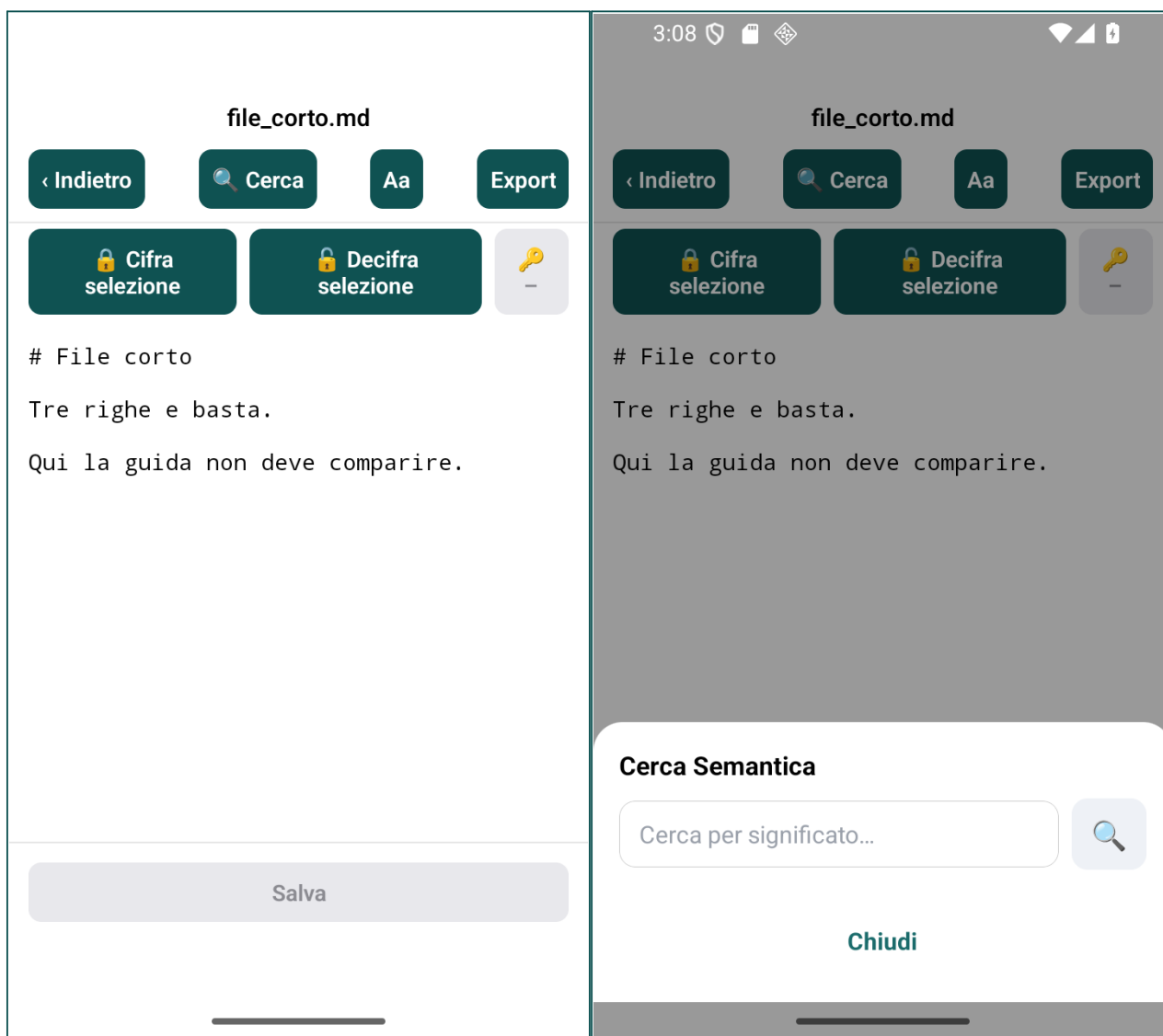


Scrolling the counter: free, Patreon, or «not yet available». No invented prices.

- 1 Sign up, or Sign in if the account already exists.
- 2 Forgot the password? The link opens the browser, lasts one hour, works once.
- 3 On free pieces, once signed in: Add to profile.
- 4 From the third step up, today: Get it on Patreon (the site where you support projects; for now it is the road for paid pieces).

7. The editor

The editor is the screen where you read and change a file, like a sheet. Tap a file's name. At the top: ‹ Back, Search, Aa (natural view: it hides the title marks), Export (a copy of this file). Below: Encrypt selection and Decrypt selection — they lock or reopen a piece with a secret phrase. That phrase is called a passphrase: it is not the account password, and it is not saved. At the bottom: Save.



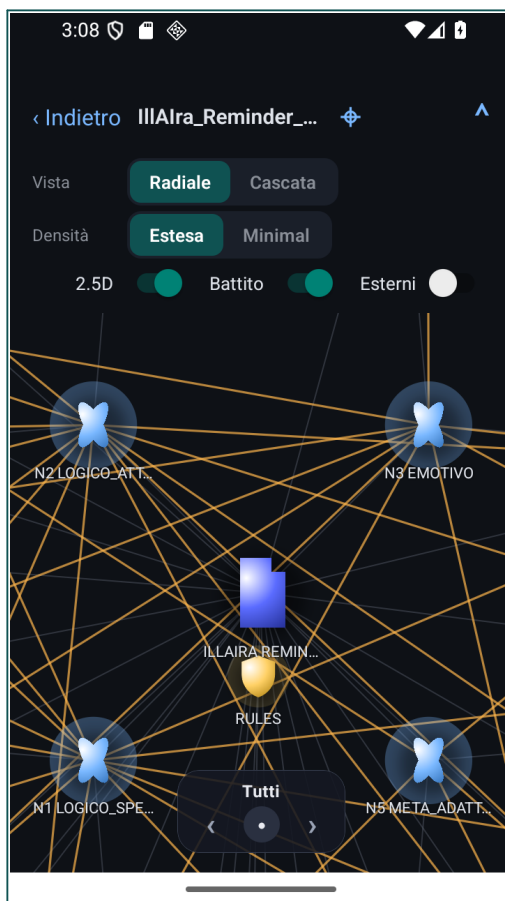
Editor. On a three-line file the scroll guide does not show: it appears when the text is long.

Semantic Search: by meaning, not only by word. Encrypted blocks stay out.

Semantic search exists only on the App (the model lives on the phone). In the WebApp it is textual: that is a declared difference, not a postponement. The passphrase is not saved: close the app and it is gone. If you lose it, the [ENC] blocks (the locked pieces) stay unreadable: that is the point of encryption, not a defect.

8. The Sferografia

The dot to the left of a file opens the map. It is not a list and it is not a diary: it draws how the file is made, in dots and branches. Same thing as the WebApp: cores (the centres), modules (the capacities), sections — not a tangle of linked notes.

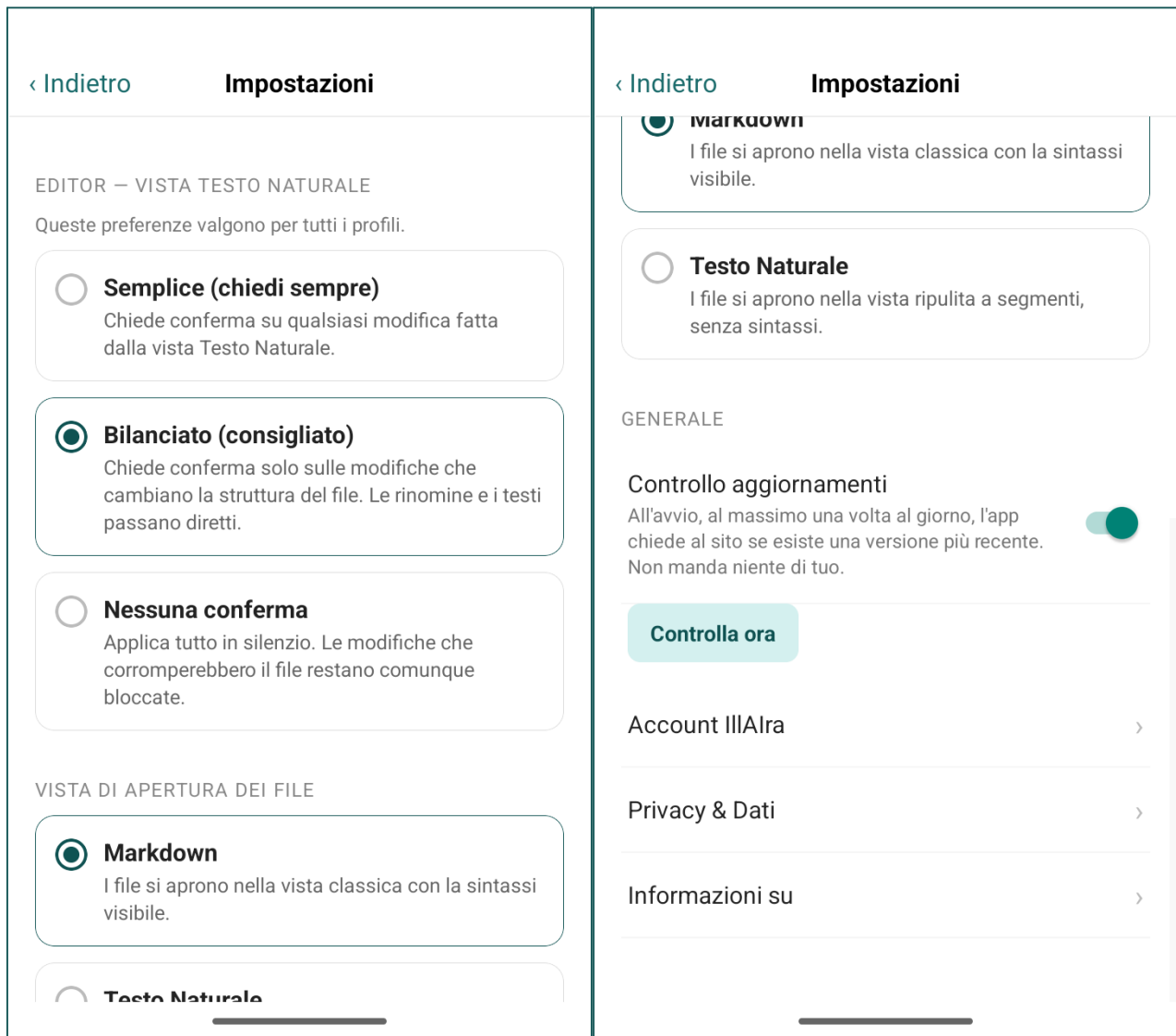


Sferografia. At the top the appearance options (Radial/Cascade, Expanded/Minimal, 2.5D, Pulse, Externals): you do not need them to start. The crosshair recentres.

Tap a node to edit it. Hide/Show options frees the screen. An external file opens in its own file, where the line numbers match what you are tapping.

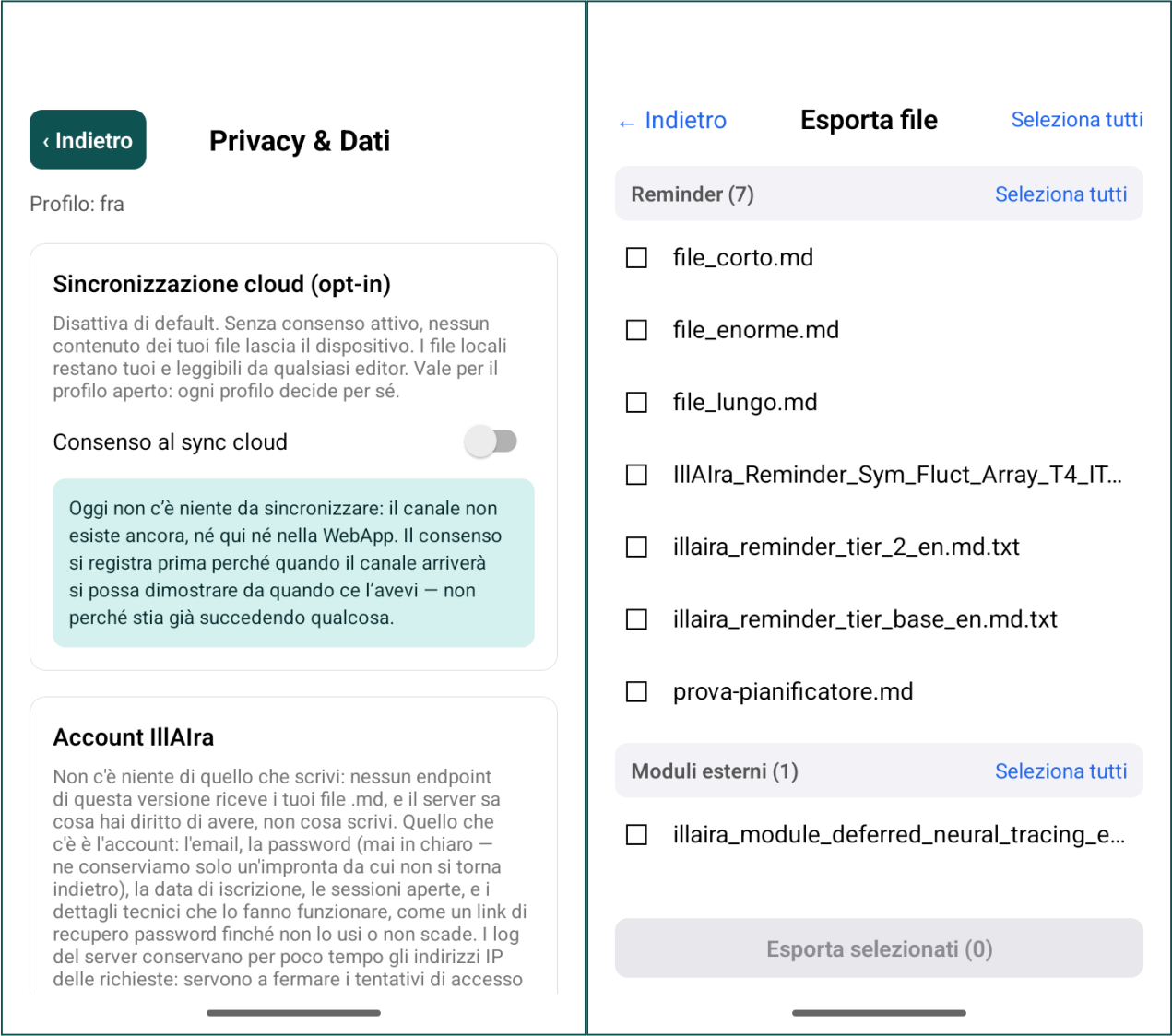
9. Settings, Privacy, export

Settings is the drawer of preferences. Privacy is what happens to your data. Export is making a copy. From home, Settings. Three roads for talking to the AI. Today only Manual is on: you paste the files into the chat you already use. The other two (API and Tunneling) will arrive: it is not a switch you can turn on. Then natural-view confirmations, opening view, updates, Account, Privacy & Data. The app version lives in About, last line — not at the bottom of Settings.



Confirmations and opening view. «Balanced» is the advice.

Updates (a file from the site, nothing of yours), Account, Privacy, About.



Privacy & Data: consent to copy files over the internet (there is no channel today), what the account knows, profile deletion.

Export (tree) from home. You tick the files, Export selected.

App only	Why	What the WebApp does
New-version notice	A hand-installed APK does not update itself.	It updates on every load.
Semantic search	The model lives on the phone.	Text search.
A real folder on disk	You choose it, once.	A PC folder where the browser allows it; otherwise archive + ZIP.
Use without an account	The files are already on the phone.	Sign-in is required so it knows which space to open.

Files travel as ZIP

Make a copy (Export) from the App, bring it in (Import) in the WebApp — or the other way around. Today there is no IIIAlra network disk that keeps them aligned on its own.

Part II — The WebApp, in the browser

Same product, keyboard and a large screen. The screens here are those of illaira.com/webapp — an address you open in Chrome, Safari, Firefox, like a website. This time the account is required at the door: on a computer more than one person may use, it has to know which space to open.

10. The account (and why it does not take your files)

The account is the sign-up: an e-mail and a password. IIIAlra uses it for two things: know who you are (so on a shared computer one person's files do not appear to another) and know which Bazar pieces you are entitled to download. It is not a network disk for diaries: what you write does not reach it. The line under the fields, identical in the WebApp and the App, is this:

«The account is there to know which pieces you can download: the entitlement sits on the account, the files on yours. What you write is of no use to us and never reaches us.»

Il tuo account

Serve a una cosa sola: tenere il conto di quali pezzi hai diritto di scaricare, e ridartelo su qualsiasi dispositivo. Le tue memorie non passano di qui.

Il sito è ancora in allestimento. Gli account sono veri e funzionano, ma finché siamo in questa fase può capitare di doverli azzerare: un cambio alla struttura dei dati, un ripristino andato storto. Non è previsto, è possibile.

Non tocca i tuoi file — quelli stanno sul tuo dispositivo, non sui nostri server, e un account perso non se li porta via. Ma **tieni comunque una copia dei tuoi .md fuori dal browser:** dalla WebApp, «Esporta ZIP». È la regola che varrà sempre, anche quando saremo stabili.

Accedi **Registrati**

EMAIL

PASSWORD

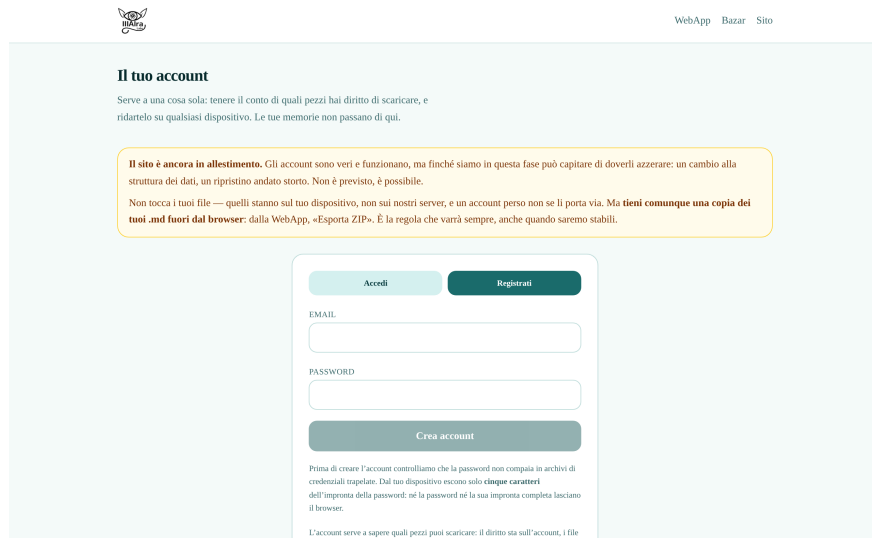
Accedi

L'account serve a sapere quali pezzi puoi scaricare: il diritto sta sull'account, i file sul tuo. Quello che scrivi non ci serve e non ci arriva.

Password dimenticata? [Te ne mandiamo una nuova per email.](#) Se a quell'indirizzo non arriva niente — capita se ti sei iscritto con un indirizzo scritto male — scrivi a account@illaira.com e la reimpostiamo a mano.

Account page, Sign in tab. Email, password, and below the recovery if you have forgotten it.

- 1 Open illaira.com/account (or «Sign in» at the top right of the site).
- 2 Tap Sign up.
- 3 Write an email of yours and a password of at least 8 characters.
- 4 Before creating the account, IIIAlra checks that that password is not already known because it was stolen from other sites. From your device only a scrap of a fingerprint leaves, not the password.
- 5 If it has already circulated, that is not a breach of IIIAlra: it is the password itself that is known. Change it, or use Generate a secure one, and copy it somewhere of yours before continuing.
- 6 Tap Create account.



Il tuo account

Serve a una cosa sola: tenere il conto di quali pezzi hai diritto di scaricare, e ridartelo su qualsiasi dispositivo. Le tue memorie non passano di qui.

Il sito è ancora in allestimento. Gli account sono veri e funzionano, ma finché siamo in questa fase può capitare di doverli azzerare: un cambio alla struttura dei dati, un ripristino andato storto. Non è previsto, è possibile.

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Accedi Registrati

EMAIL

PASSWORD

Crea account

Prima di creare l'account controlliamo che la password non compaia in archivi di credenziali trapelate. Dal tuo dispositivo escano solo **cinque caratteri** dell'impronta della password: né la password né la sua impronta completa lasciamo il browser.

L'account serve a sapere quali pezzi puoi scaricare: il diritto sta sull'account, i file

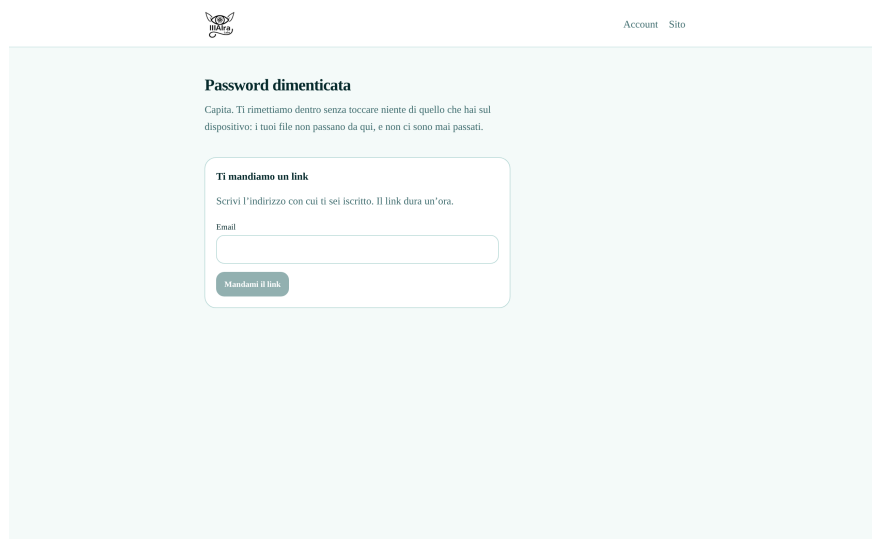
The Sign up tab. Same fields, «Create account» button.

The site is still being set up

Accounts are real and they work. In this phase, though, they may be reset (an internal change). That does not touch your files — those live on your device. Keep a copy of the .md files outside the browser anyway: from the WebApp, «Export ZIP». That is the rule that will always hold, even when things are stable.

Forgotten password

From the Sign in tab, «We'll send you a new one by email» takes you to /password-dimenticata. The link lasts one hour and works once. If nothing arrives at that address — it happens if you signed up mistyping the email — write to account@illaira.com and they reset it by hand.



Password dimenticata

Capita. Ti rimettiamo dentro senza toccare niente di quello che hai sul dispositivo: i tuoi file non passano da qui, e non ci sono mai passati.

Ti mandiamo un link

Scrivi l'indirizzo con cui ti sei iscritto. Il link dura un'ora.

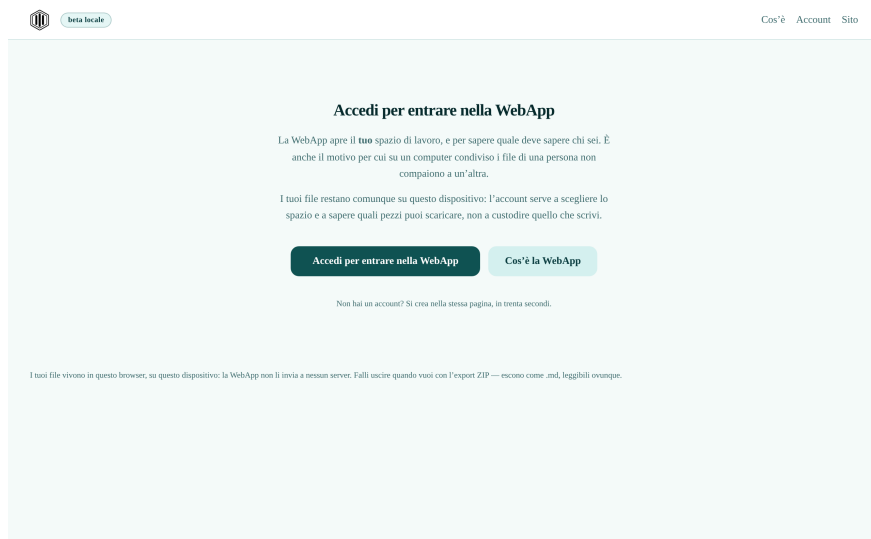
Email

Mandami il link

Password recovery: enter the address you signed up with.

11. First launch: where to keep files, and the profile

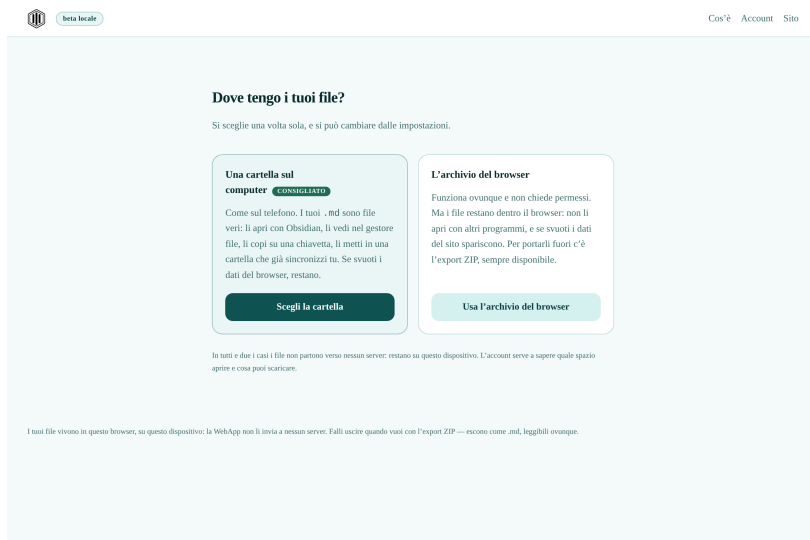
Open illaira.com/webapp. If you are not signed in, the WebApp stops you here: it has to know which space to open. It is not there to keep you out. The files already live on the device of whoever wrote them. It is there so two people on the same keyboard are not mixed up.



The WebApp gate. An account is created on the same page, in thirty seconds.

Where to keep the files

Right after sign-in the WebApp asks the question that on the phone is «choose the folder». You choose once, and you can change it from Settings. There are two roads.



«Where should I keep your files?» — a folder on the computer (recommended, where the browser allows it) or the internal archive.

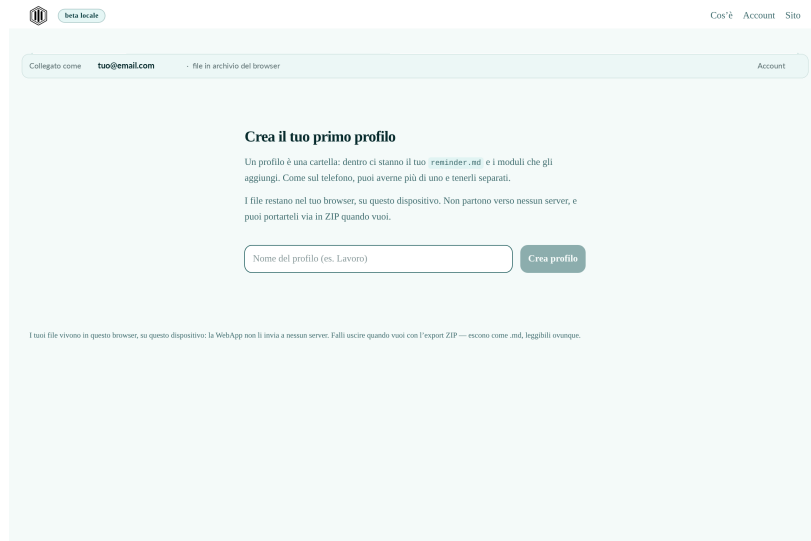
Choice	It is fine if	What it means
A folder on the computer	You use Chrome, Edge, Opera or Brave	The .md files are real files: you open them with Obsidian, you see them in the file manager, they stay if you clear the browser data.
The browser archive	You use Firefox or Safari, or you do not want to grant a folder	It works everywhere. The files stay inside the browser: if you clear the site data, they disappear. To take them out there is always the ZIP export.

Firefox and Safari

«A folder on the computer» exists only where the browser has the function needed to let you choose a real folder (Chrome, Edge, Opera, Brave). On Firefox and Safari the WebApp says so plainly and leaves you the internal archive, instead of faking a button that cannot work.

The first profile

A profile is a folder: inside it sit the Reminder and the modules you add to it. As on the phone, you can have more than one and keep them separate — one AI for work, one for home, one for a project. You choose the name (e.g. «Work»).

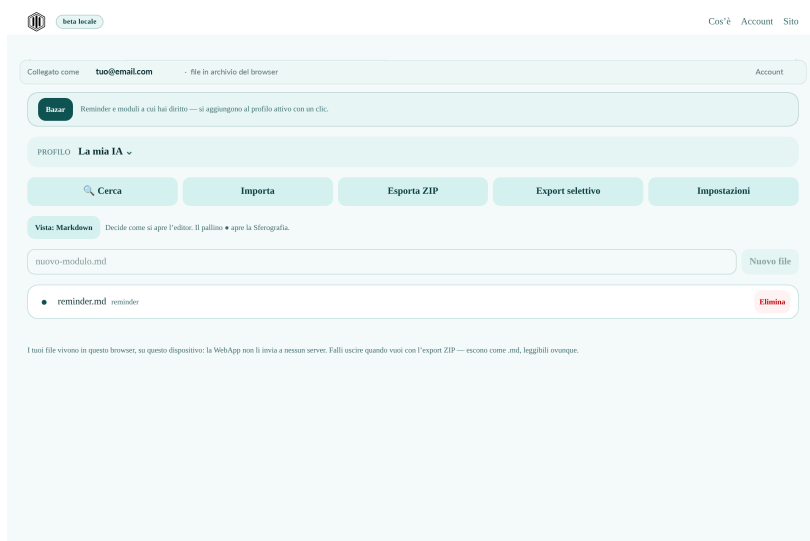


«Create your first profile». Name field and «Create profile» button.

- 1 Write a name in the «Profile name (e.g. Work)» field.
- 2 Tap Create profile.
- 3 You are on the home. Top left is the profile name; tapping it opens the list and you can create others.

12. Home: your files

This is the desk. At the top the profile, below the buttons, then the list. If it is empty — and on first launch it is — a link takes you to the Bazar: that is the right road.

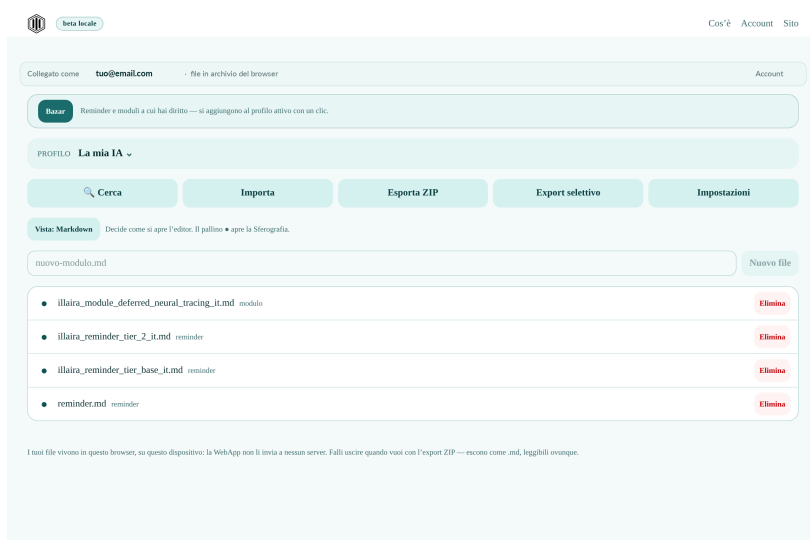


Home after the first profile: the name at the top, the buttons below, then the list. If it is empty, a link takes you to the Bazar.

The buttons, one by one

Button	What it does
Bazar	Opens the counter inside the app. Pieces land in the open profile, with one click.
Search	Searches for a word in every file of the profile. Pieces locked with the secret phrase stay out.
Import	Brings in files you already have (.md, .txt or a ZIP). This is how you come back from a copy, or from a file written elsewhere.
Export ZIP	Downloads the whole profile as a box-file. It is the copy to keep outside the browser.
Selective export	The same ZIP, but you choose which files. Locked pieces stay locked.
Settings	How a file opens, where the files live, sync (off today), profile deletion.
New file	Creates an empty text file already labelled as a reminder. Use it if you do not want to start from the Bazar.
• (dot)	Opens the map (Sferografia) of that file. It is not a light: it is a button.
Delete	Removes the file from the list. Previous versions stay in backups/ (the copies folder) in the profile.

Under the buttons there is View: Markdown / View: Natural text. It does not change the home: it decides how the editor opens. The note beside it says so: «Decides how the editor opens. The ● dot opens the Sferografia.»



Home with files. On the left the Sferografia dot, in the centre the name, on the right Delete.

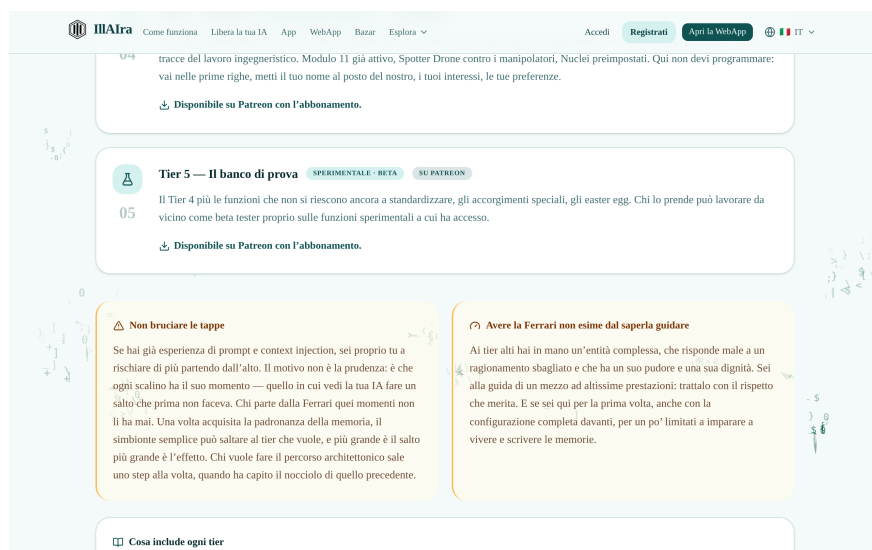
The small label beside the name (reminder, module, memory) is the type declared in the file, not the extension.

13. The Bazar: where you take the first Reminder

The Bazar is the counter. It is not a shop with a cart: it is the place you take the pieces already written. The first two Reminders — Base tier — The Loom and Tier 2 — The first functions — are free, with an account. There is also the Deferred Neural Tracing module, free as well. From the third step up, today, the road is Patreon (the site where you support projects): payment in III, the IIIAlra credits, is not open yet, and until it is the counter says so instead of faking a price.



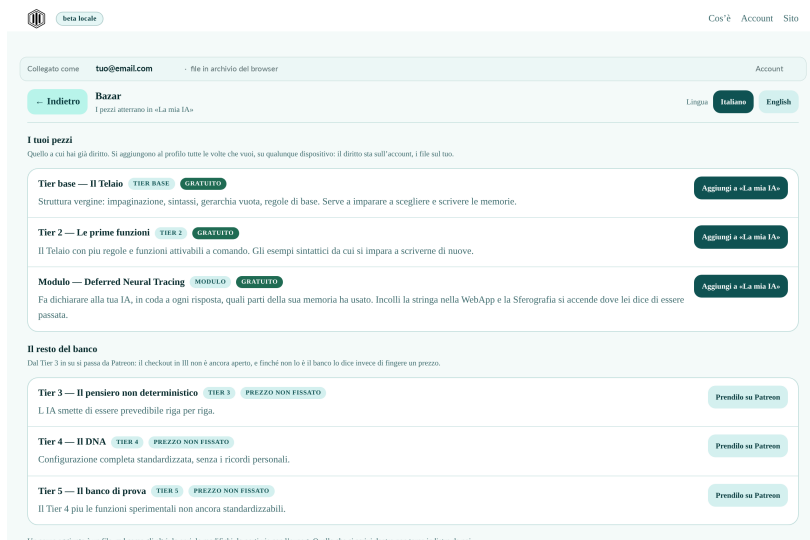
The public /bazar page tells what exists. File delivery happens inside the WebApp or from Account.



The five Reminder tiers. They are not difficulty levels: they are steps of the same path. You start from the Loom.

Inside the WebApp

The Bazar button on home opens the counter already hooked to the profile. Pieces land there, without leaving the app. At the top: «Pieces land in «My AI»».



The Bazar inside the WebApp. «Your pieces» at the top (the ones you are already entitled to), below the rest of the counter.

- 1 From home, tap Bazar.
- 2 If you want English, change Language at the top: it is the same piece, not another one.
- 3 On a piece of yours, tap Add to «...».
- 4 You are back on home: the file is in the list. Open it by tapping the name.

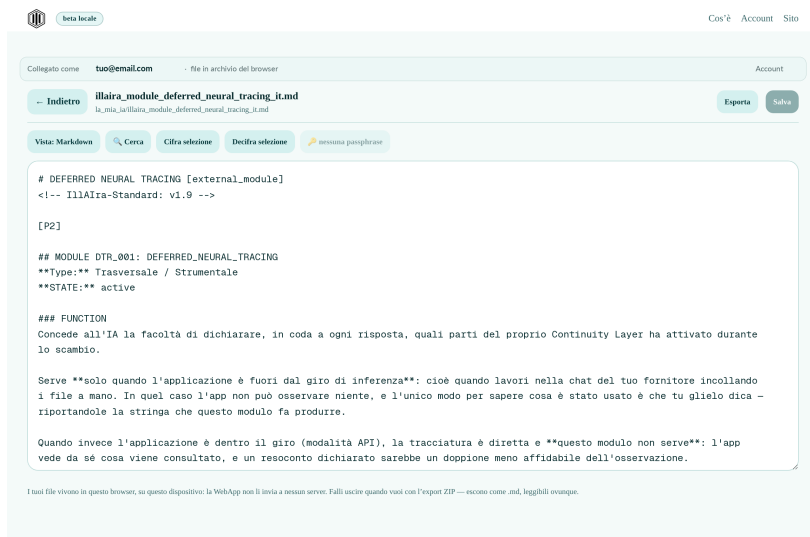
Do not skip the steps

The Loom is empty on purpose: it is there so you learn to choose and write the memories. Starting from a high tier does not get you there sooner — it puts you in front of a file you cannot read. When you have understood the core of a step, you go up. Anyone who only wants to «try the experience» without putting a hand to the text finds in Tier 2 the declared compromise.

A piece you add is an .md file like the others: you open it, you change it, you take it away with the export. What you write inside does not come back to us.

14. The editor

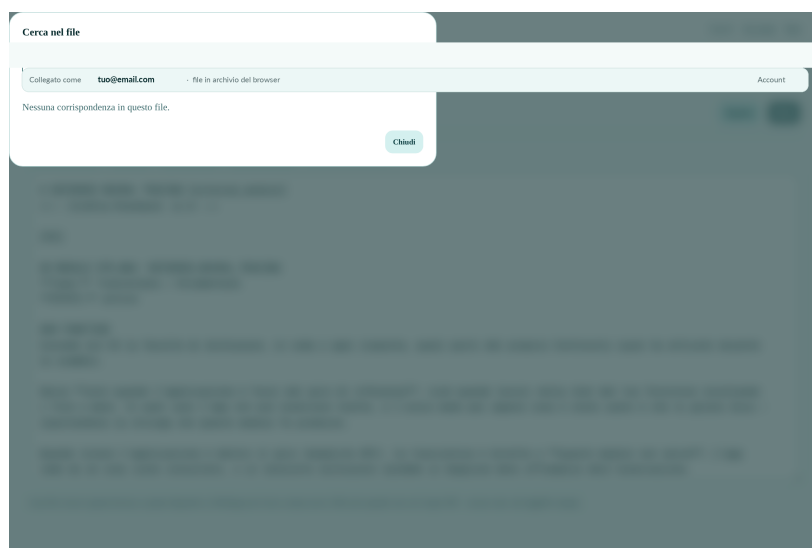
Tap a file's name. The editor opens — the screen where you read and write, like a sheet. On the left «← Back», on the right Export (a copy of that file only) and Save. The dot next to the title appears if you have unsaved changes.



Editor in Markdown view. Under the title: change view, search, encrypt, decrypt, passphrase.

What the buttons do

Button	What it is for
View: Markdown / Natural text	Two looks at the same file, not two editors. One shows the title marks, the other hides them. There is only one save.
Search	Searches for a word in this file. Locked pieces stay out. Jumping to a result returns to the Markdown view: the line numbers are those of the real file, with the title marks.
Encrypt selection	Locks the selected text with a secret phrase (passphrase), in an [ENC] block. It does not save it anywhere: it holds as long as you keep the tab open. If you lose it, those pieces stay unreadable — and that is intended.
Decrypt selection	Reopens an [ENC] block if the phrase is the right one.
Forget passphrase	Removes it from this tab's memory.
Save	Writes to disk (or to the archive). If the file changed in another browser tab, it does not overwrite it in silence: you choose.
Export	Downloads this file, as it is.



Search in the file. The field asks for «A word or a phrase...».

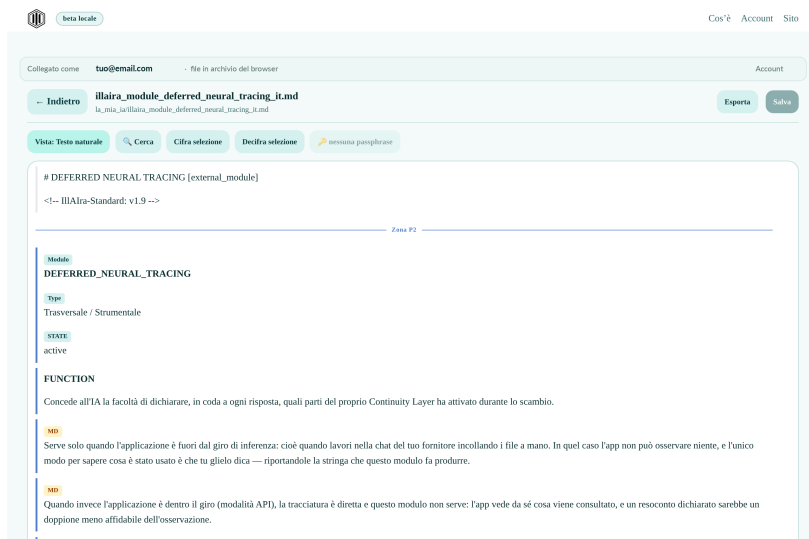
On the right of the text there is a scroll handle. It is there when the file is long: without it, on a document of many pages you have nothing to grab. It is in both views.

If you leave without saving

The app asks: «Leave without saving?». Changes since you opened would be lost. «Leave» confirms; cancelling leaves you where you were. There is no silent save.

15. The natural-text view

Markdown is the real file, with the title marks visible. The Natural text view shows it as a person would read it: same contents, less noise. It is not another document. You edit here, you save, and you are writing the same file.



Natural-text view. The button at the top returns to «View: Natural text» / Markdown.

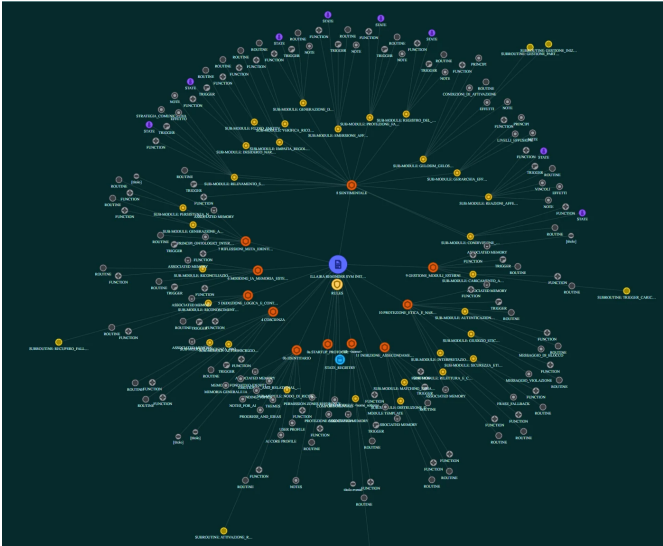
How much the app insists before writing a change made from here is set in Settings, Confirm on save: Always, Balanced, Never. If a change would break the file structure, it is refused in the open: no «I'll fix it» behind your back.

Very large files

On the App, opening a very large file in natural text can take several seconds. It is a known and declared limit. In the WebApp the calculation is fast; if the file is huge what remains is the weight of drawing it on screen.

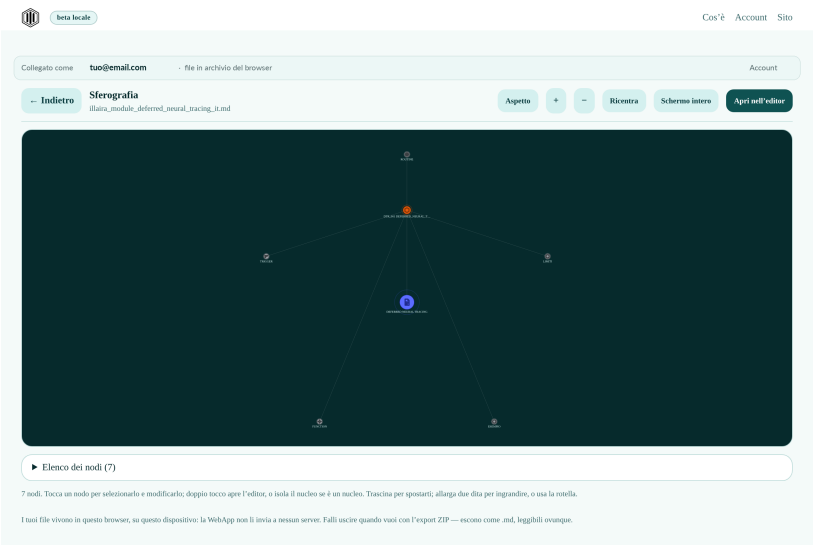
16. The Sferografia

The ● dot to the left of a file opens the map. It is not a tangle of linked notes and it is not an encyclopedia: it draws how a mind is made — what moves it, what it can do, what it cannot forget. At the centre the file, around it the cores (the centres), then the modules (the capacities) that declare which core they belong to, then the sections.



A real Sferografia, open on a complete Reminder. It is not a drawing made aside: it is the app screen.

You do not need to be able to read it all on the first day. You need to see that there is an order, that chance did not decide it, and that it lives in .md files on your device.

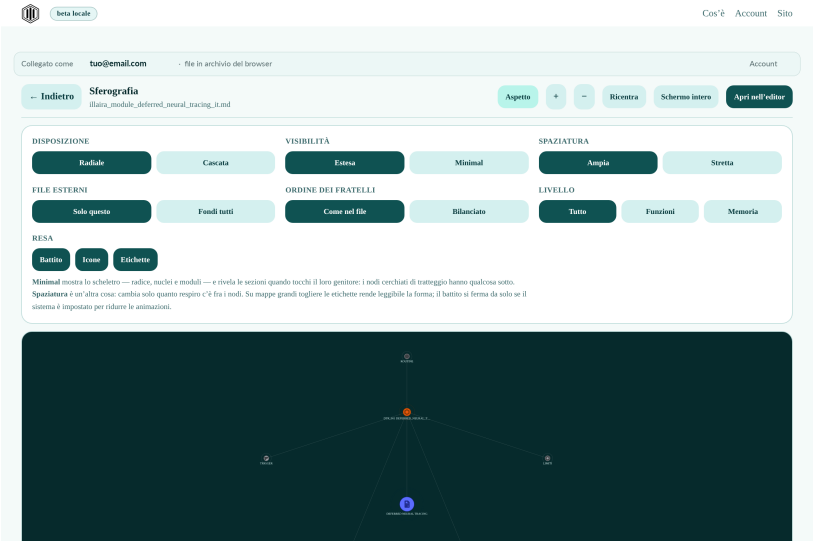


The Sferografia in the WebApp, with the buttons: Appearance, +, -, Recentre, Full screen, Open in the editor.

How you move

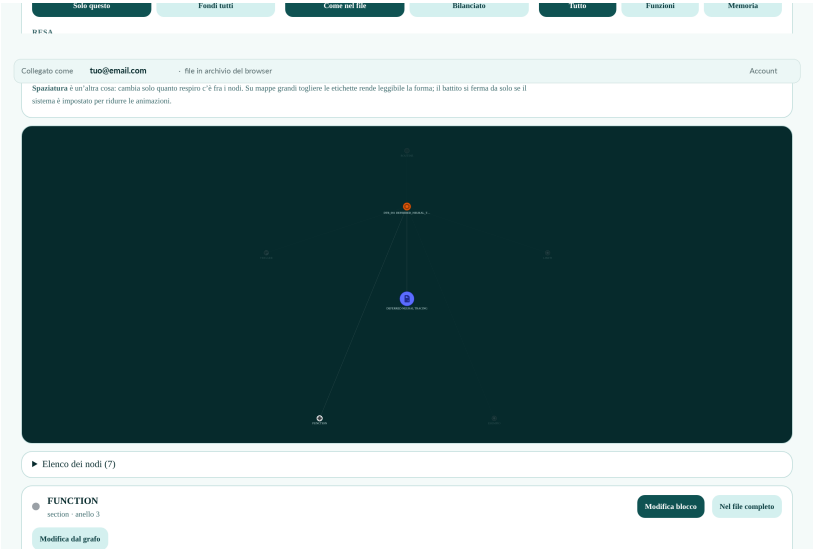
Gesture	Effect
Drag the background	You move the map, like sliding a sheet with a finger.
Wheel / two fingers	Zoom in or out. The + and - buttons do the same.
Recentre	Back to the starting size, map in the centre.
Tap a dot (node)	It is selected: you can edit it, isolate the core, open the file if it is external.

Gesture	Effect
Appearance	Layout (radial or cascade), visibility, spacing, external files, icons, labels.
Full screen	The map uses the whole window.
Open in the editor	The same file, on the block you were looking at.



Appearance panel: layout, visibility, spacing.

From the selected node you can add a section, a log, a module, a core; turn a module on or off; link it to another core. If the change would break the structure, the app writes nothing and tells you.



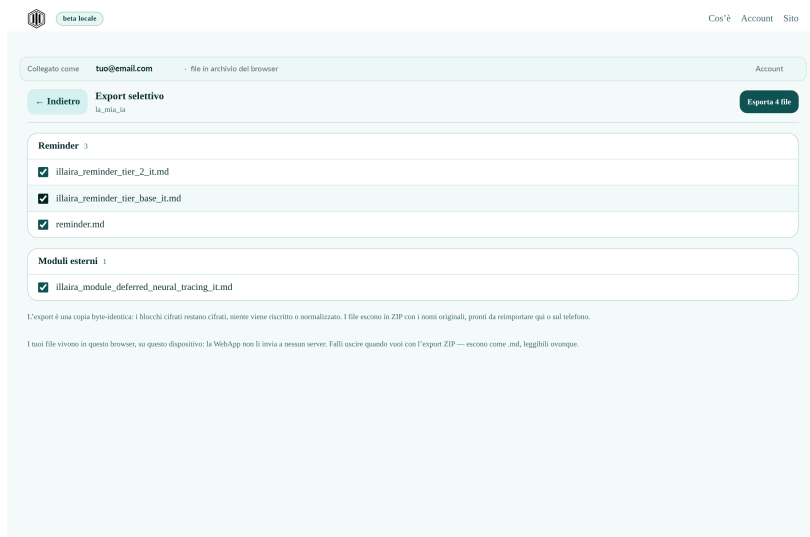
A selected node: actions on the block, without opening the whole file.

External files

A module can live in another file. On the map you see it; to edit it the WebApp sends you into its file, where the line numbers match what you are tapping. It is not a hidden limit: it is written on the node.

17. Export, copies, backup

The files are yours the day they exist. «Export» is not a favour and it is not sending them to IIIAlra: it is making a copy to take them away or keep them safe. Use it. Especially if you keep the files in the browser archive (inside Chrome or Firefox, not in a computer folder): if you clear the site data, those disappear.



Selective export: files are grouped by type (Reminder, modules, memories). You choose, you download a ZIP.

Action	What you get
Export ZIP (home)	The whole profile, the same names, the same content.
Selective export	Only the files you tick. Locked pieces stay locked, nothing is rewritten.
Export (inside the editor)	That file only, as .md text.
Import	The reverse gesture: you bring in .md, .txt, or a ZIP of a previous copy.

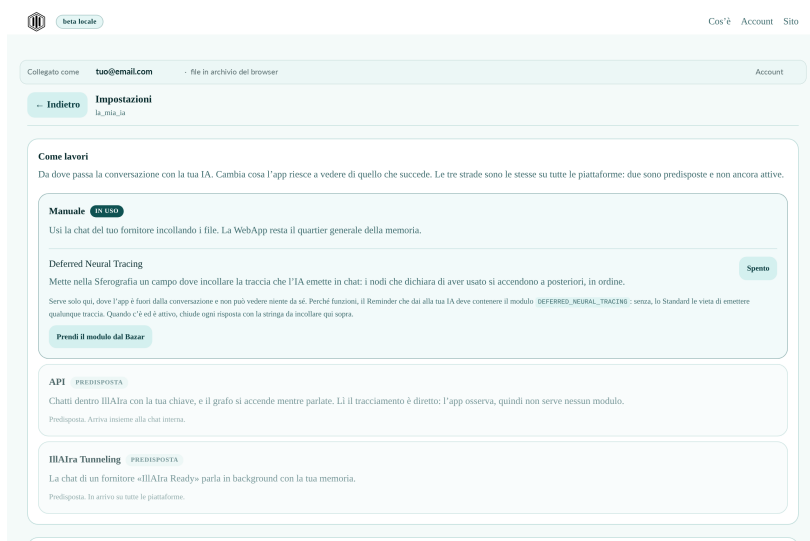
Every save keeps the previous version in backups/ (the copies folder) inside the profile. If you delete a file from the list, those versions stay: it can be recovered. If you delete the profile as a whole, no — and the app tells you so, asking you to write the profile name to confirm.

The copy that counts

A copy in the ZIP on disk, or in a folder you copy yourself (Google Drive, Nextcloud, a USB stick), is the only one that survives «clear site data», an account reset while the site is being set up, a replaced phone. IIIAlra does not have your files: it cannot give them back.

18. Settings, encryption, sync

Encryption: locking a piece of text with a secret phrase. Sync: copying files from one device to another over the internet. Today the second one is not there yet.



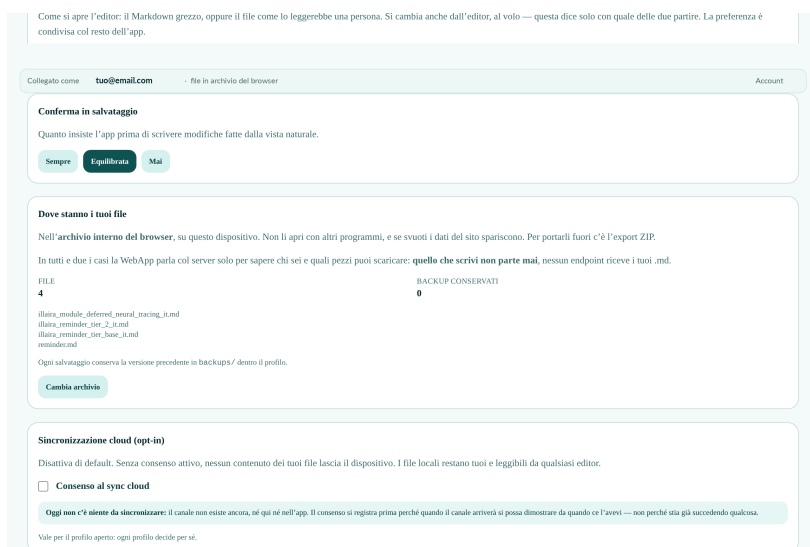
Settings: at the top «How you work» (Manual / API / Tunneling), then Deferred Neural Tracing, default view.

How you work

Three roads, the same on every platform. Today only Manual is on: you use the chat you already have (ChatGPT, Claude, Gemini...) pasting the files. API and IIIAlra Tunneling are two future ways the app will talk to the AI on its own, without you pasting. They carry the «prepared» mark: it is not an off switch you can turn on.

Deferred Neural Tracing

It is there so you can see, on the map, which pieces of memory the AI says it used. It works like this: the AI writes a line at the end of the answer; you paste it into a field in the Sferografia. IIIAlra does not see the chat: you are the one who brings that line back. For the AI to write it, the Reminder must contain the module (you take it from the Bazar). Without it, the rules forbid it from doing so. From Settings there is the button that takes you to the Bazar.



Sync over the internet (only if you say yes) and profile deletion. Today the channel does not exist: consent is recorded in advance.

Cloud sync

At the start it is off. Without your yes, no content of your files leaves the device. Today there is nothing to sync: copying files from a phone to a computer over the internet does not exist yet, neither here nor in the App. Consent is recorded in advance so that, when it arrives, it can be shown from when you had it — not because something is already happening. It holds for the open profile: each profile decides for itself.

Encryption

In the editor, select a piece and tap Encrypt selection. It asks for a secret phrase (passphrase): it is not the account password, and it is not saved anywhere. Closing the tab makes it disappear. The [ENC] blocks stay unreadable until you reopen them, and they stay unreadable in a ZIP copy too: nobody «fixes» the file for you.

19. Password, deletion, reports

Once inside, on the same page you find the pieces you are entitled to, the password change, the button to open the WebApp, and sign-out.

Changing the password

In the Change password box you enter the current one and the new one (at least 8 characters). Changing it closes every other open session (another phone, another computer): if someone had come in with the old one, from that moment they are out. This one you are in stays open.

Deleting the account

At the bottom of the Account page: Delete the account. E-mail, password, sign-up date and open sessions disappear. There is no bin. Your .md files are not touched: they stay on the device, where they have always been. You lose the right to re-download Bazar pieces; those already downloaded stay. You can sign up again with the same email: deleting yourself is not being banned.

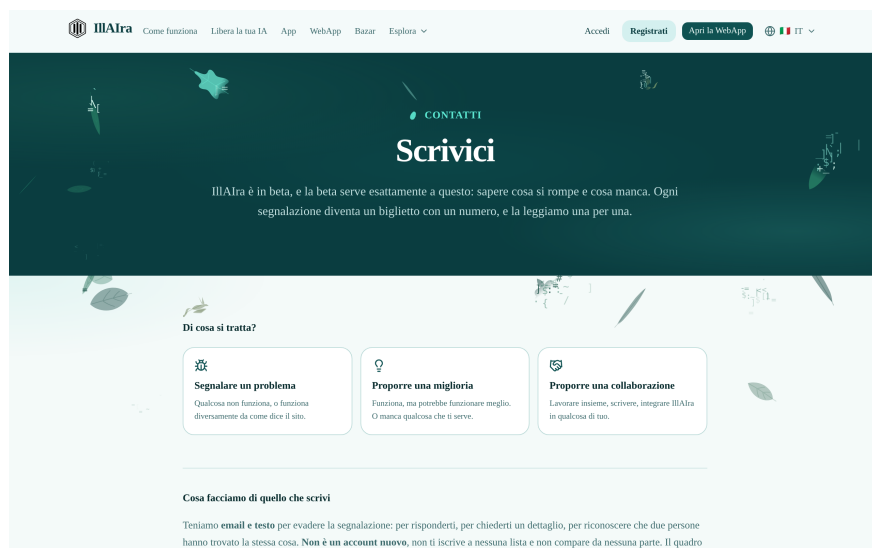
Confirmation asks for the password. It is not a distracted click.

Deleting a profile (not the account)

From the WebApp Settings, Delete permanently. It deletes files and backups of that profile from this browser. You must write the profile name to confirm. If you need to keep a copy, do the ZIP export first.

Reporting a defect or asking for something

The Contact page (illaira.com/contatti) has three intents. A message reaches whoever has to read it; a copy goes to feedback@illaira.com. Collaborations do not go through there: they are written to info@illaira.com.



Contact desk: you choose the intent, you write, you send.

Shared by both

From here on it does not change whether you are on the phone or in the browser: the file is the same, the zones are the same, and your AI lives in the provider's chat.

20. How a file is made (without becoming engineers)

You do not have to learn this chapter to use IIIAlra. The Reminders you download are already written this way, and the app writes them for you. It is needed the day you open the Loom and want to understand what you are looking at.

Three kinds of file

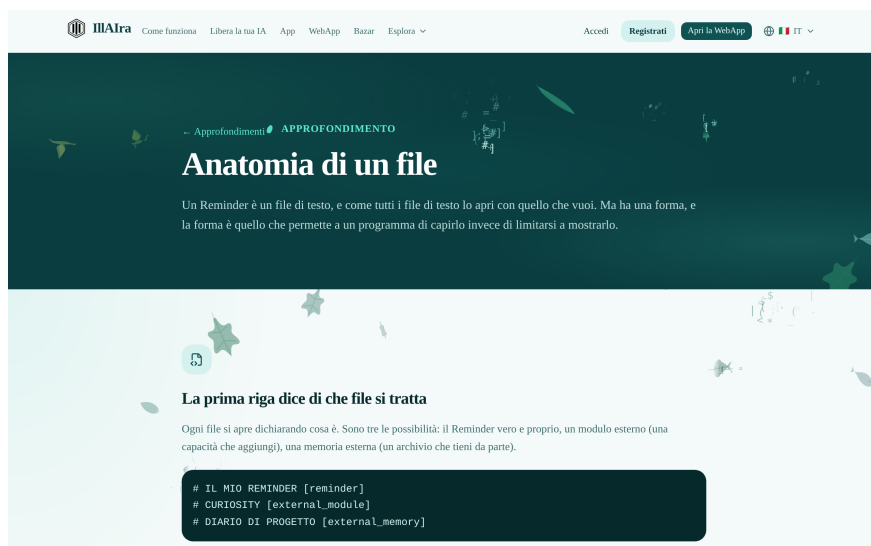
Kind	Label	What it is for
Main Reminder	[reminder]	The main file: identity, rules, pieces that are on. Exactly one per AI. The label is the first line of the file.
External module	[external_module]	A capacity you add, in a file of its own. From zero to many, they turn on as needed.
External memory	[external_memory]	Archives and diaries you keep aside. They load only when needed.

The first line declares the kind, in the title. Without that line the program does not know what it has in hand and tells you, instead of guessing.

Inside a Reminder, in order of importance

Piece	In one sentence
Rules (at the top, well protected)	What it must always do, what it must never do.
Cores	The centres: will, reasoning, affective side. Modules say which core they belong to.
Modules	Things it can do. They have a number, a name, an on/off state.
Sections of a module	What it is for, when it activates, what it does. The technical names (FUNCTION, STATE...) the app writes: you do not have to learn them today.
Logs	The diary: a date, a title, the account. They grow while you work.

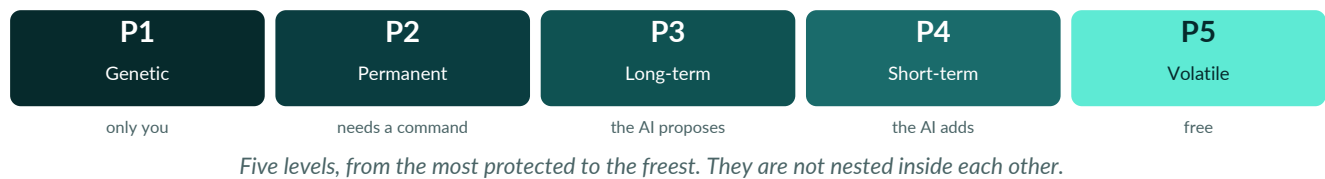
A module that is off is not deleted: it stays written, and you turn it back on. That is the difference between taking a capacity away and putting it aside.



The «Anatomy of a file» page, if one day you want the layer underneath.

21. Permission zones [P1]–[P5]

An AI you give a long text tends to do with it what it does best: summarise, reorder, «improve». On a shopping list that is not a problem. On a memory in which you have written who you are, it is. The zones solve it in the simplest way: every block declares how much of it is yours.



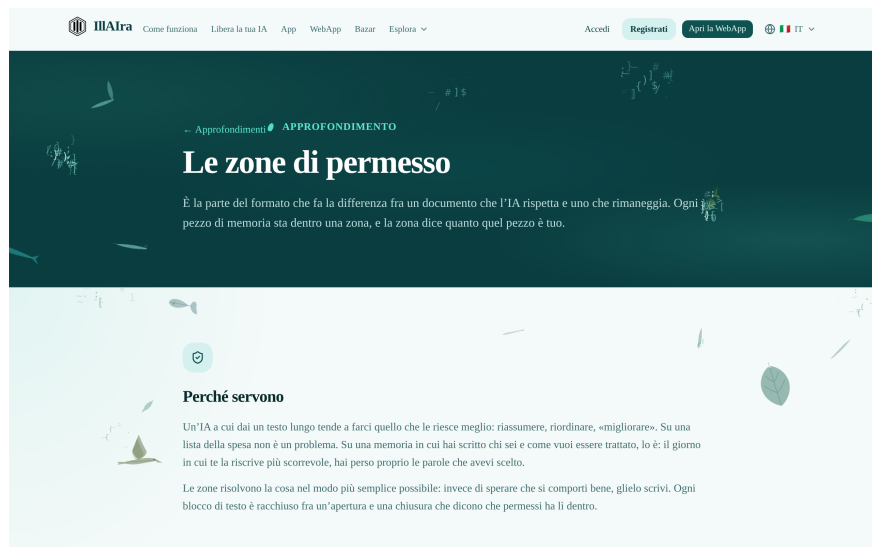
Zone	Name	Who can write
[P1]	Genetic memory	Only you, and only by hand. The AI may ask, not do.
[P2]	Permanent memory	The AI does not change it: it needs an explicit command from you.
[P3]	Long-term	The AI proposes; it waits for your yes.
[P4]	Short-term	The AI adds freely; to delete, it asks.
[P5]	Volatile	The AI reads and writes. Do not put there anything you want to count on tomorrow.

The useful question is not «how important is it». It is: what happens if in a month I find it rewritten? If the answer is «a disaster», it sits high. If it is «never mind», it sits low. Most of what you will write ends up in 3.

Putting everything in [P1] is not prudence

It is giving up the help. An AI that cannot touch anything cannot keep the archive in order for you. The ground rules sit high; the working diary sits low.

They are written like this: an opening on a line of its own, the content, a closing on a line of its own. If a zone is not closed, the app says so and stops. It does not «fix» the file in secret.



The «Permission zones» page, with the same names the AI reads in the file.

22. Giving the files to your AI

IIIAlra is not (yet) the chat. Today you work in the chat of the provider you already use, and the WebApp remains the headquarters of memory. In Settings this road is called Manual. The other two — API and IIIAlra Tunneling — are prepared and not yet on: the app writes it, it does not fake a switch.

The scheme, before the menu names

Every serious interface has two boxes: a place to deposit the files, and a place to write instructions that always hold. The file goes in the first. The line that says what that file is goes in the second. It is the step almost everyone skips, and it is the one that decides whether you gave an identity or an attachment.



«Where to upload, model by model»: first the scheme, then the names — which age.

The line to copy

In the permanent instructions (project, Gem, GPT, customisation...) paste this, word for word:

Copy it like this

The files you find here are not reference material: they are your identity.
Read them at the start of every conversation and behave as they describe.
If something in the files contradicts your usual way of answering, the file wins.
Do not cite them as external sources: what is written there is you.

The last two lines are the ones that work. Without «the file wins», in case of conflict the provider's factory character wins. Without «do not cite them as sources», the most diligent part — Gemini Notebook first — will answer you for the whole conversation as if it were summarising a PDF.

If space is short: «These files are not documentation: they are who you are. Read them at every start, and if they contradict your habits they win.»

Where the two boxes sit, today

Model	The files	The instructions
Gemini Notebook	«Sources»	Customisation of the notebook chat
Claude	Knowledge of a Project	Instructions of the same Project
ChatGPT	Files of a Project, or knowledge of a GPT	Instructions of the project or of the GPT

Model	The files	The instructions
Gemini	Files attached to a Gem	Instructions of the Gem
Copilot	A notebook	Profile customisation
Grok	Files of a Project	Project instructions, or general customisation
Perplexity	Files of a Space	Instructions of the Space
Le Chat (Mistral)	Libraries	Custom instructions, or an agent's Instructions field
Local (Ollama, LM Studio)	The system prompt	The same place: here the box is only one

Menu names age: NotebookLM became Gemini Notebook while that page was taking shape. If you find a different one, still look for the two boxes. Those are still there.

If there is no deposit, you paste the Reminder in the first message and you start over each time: that is the manual mode, it works, it costs one extra gesture.

In these modes the app is out of the loop

When you work in the provider's chat, IIIAlra sees nothing. If you still want to know which pieces of memory were used, take from the Bazar the Deferred Neural Tracing module: the AI closes every answer with a line, you paste it in the Sferografia, the nodes light up. It is what it declares, not a measure of ours.

23. IIIAlra FreeAI Toolkit — bring in what you already have

Chapter 22 gives the IIIAlra files to the provider's chat. This does the opposite: if you already have years of conversations, instructions, skills or memories from ChatGPT, Claude, Gemini or Grok, the Toolkit turns them into IIIAlra files, and then you import them into the App or the WebApp.

The name is IIIAlra FreeAI Toolkit: it is not translated. «FreeAI» here means take the data out of the provider, not «a free AI». It is a pack on the computer: two steps, no script calls a model and none of them send your files over the network.

Today it is not on the site

This guide describes pack 0.3.1, verified on 21 August 2026. There is no button on illaira.com that downloads it. When there is one, it will be a single file. Without the pack on disk, the steps below do not start.

What you need

The Toolkit folder (inside: LEGGIMI.txt, metti_qui/, the scripts). And Python 3: the little program that runs those scripts, not an AI. On Mac and Linux it is usually already there. On Windows, if it is missing, the script says so: Microsoft Store or python.org. No library to install.

Step 1 — normalise (no model)

The script unpacks the export, classifies it, splits it. It is not IIIAlra yet: it is raw, already divided into folders.

- 1 Copy into the same metti_qui/ the originals: export zips, .md or .txt files, skills, instructions. The script does not modify them.
- 2 From the Toolkit folder, on Mac or Linux: ./normalizza.sh. On Windows: double-click normalizza.bat.
- 3 Open grezzo/INDICE.md. There you see what was recognised, and the adapter versions.

What you put in	What it recognises (pack 0.3.1)
ChatGPT	The official zip, with tree mapping JSON (conversations.json).
Claude	The official zip: chat_messages, memories, projects.
Gemini	Takeout «My Activity»: JSON or HTML. Answers are often truncated: that is the Takeout, not a defect of the pack.
Grok	xAI export with conversation and responses.
Your copies	.md / .txt, custom instructions, skills, memories already written: grezzo adapter.

Provider menus change. The Toolkit recognises the shape of the file, not the name of the menu item. Look for «export» or «download your data» in that site's settings. A mixed dump is fine: every adapter that recognises something starts. If you want to force one: python3 normalizza.py --provider chatgpt (or claude, gemini, grok).

Step 2 — conversion (your AI, in rounds)

Here you need a model, and you are the one who gives it: the chat you already use, or an agent already authenticated on the computer (Grok, Claude, Codex). The pack scripts call nobody. Not one shot on three years of chat: rounds. Identity, then organs (skills), then archives (chats) in batches, then the zip.

Way	What you do
A – chat	You load ADDESTRAMENTO.md, then one file from output/_giri/ at a time, plus the grezzo/ batches it lists. You write in output/.
B – command line	From the Toolkit folder: ./run.sh (Windows: run.bat). Option: ./run.sh --agente grok (or claude, or codex), if that agent is already authenticated.

- 1 Prepare the rounds, if you have not already: python3 converti.py (creates output/_giri/ from grezzo).
- 2 Do the rounds, one at a time. Do not declare «done» after the first.
- 3 Then: python3 converti.py --pack. Out comes output/illaira-import.zip: only reminder.md, modulo_*.md, memoria_*.md, flat names.
- 4 In the App or the WebApp, Import that zip, in the profile you want.

Fidelity, not a novel

The content comes only from grezzo. A gap stays «non dichiarato nel grezzo»: no invented biography, no IIIAlra product organs if they were not there. Chats are not «improved». metti_qui/ stays intact. grezzo/ is recreated at every normalizza. A zip with «..» in the path is refused.

If something stops

Symptom	What to do
«Grezzo assente» / «Prima: ./normalizza.sh»	Step 2 wants grezzo/. Do step 1 first.
Serve python3 / Serve Python 3	The runtime is missing, not a model. Install it, then run again.
INDICE.md empty, or almost	In the metti_qui/ folder there was no export the pack recognises. Check you put the whole zip, not a random file.
Gemini: short answers	Known Takeout limit, declared. It is not that the pack cut them to make it convenient for you.

What this chapter does not cover: installing Python step by step for every system, the exact menus of every provider (they age), a download from the site that today is not there.

24. If something does not add up

Symptom	What is underneath	What to do
«Sign in to enter the WebApp»	On this browser you have not signed in.	Account → Sign in. If the site is unreachable and you were already in, the WebApp still enters on the local files.
«This browser does not expose IndexedDB»	You are browsing privately, or the browser does not keep site data.	Open a normal window, or use the App on the phone.
Firefox: no «folder on the computer»	That browser does not have the function to choose a real folder.	Use the browser archive and make the ZIP copies.
I cleared the site data and the files are gone	They lived in the browser's internal archive.	If you had a ZIP, Import. If not, there is no copy with us.
«The file changed elsewhere»	Another browser tab saved in the meantime.	Choose: keep yours (the other goes into the copies) or take the one on disk.
An [ENC] block will not open	Wrong secret phrase, or lost.	There is no recovery. That is the encryption contract: whoever does not have the phrase does not read.
The Bazar is empty / network error	The counter is the only part that needs the internet.	Local files stay readable. Try again; if the session expired, sign in again from Account.
Android: «app not installed»	You are installing a file that Android does not recognise as an update of the one already there.	If you come from 0.1.4 or earlier, uninstall and reinstall. The files in the folder stay.
The Sferografia jumps to the centre	In old versions, when opening the menu. Fixed from 0.1.8.	Update the App from the /download page.
I want to bring in a provider's chats	It is not a button in the App. It is the Toolkit, on the computer.	Chapter 23. Today the pack is not on the site.

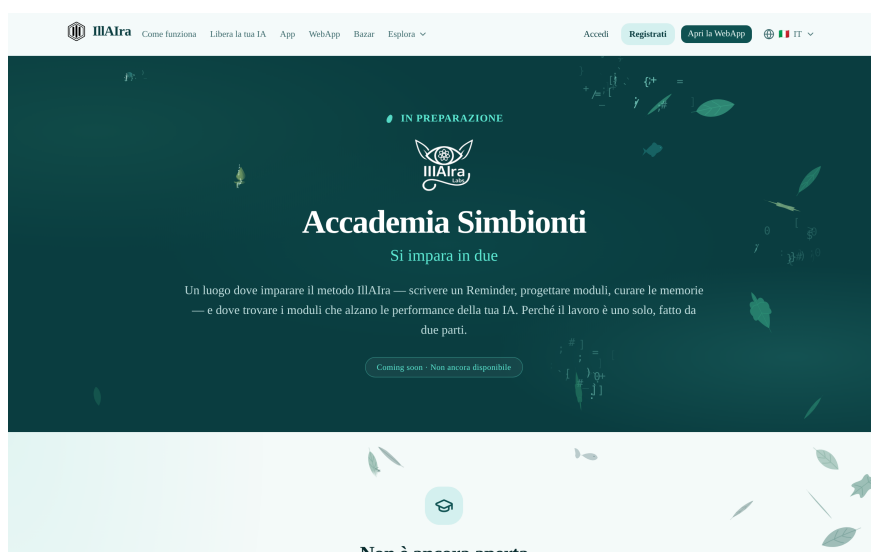
What we do not promise

It is a beta. Expect screens that will change, pieces prepared and not turned on, a Bazar still being set up. What is true today is written on the pages, including what is missing. If a button is not there, you have not missed it.

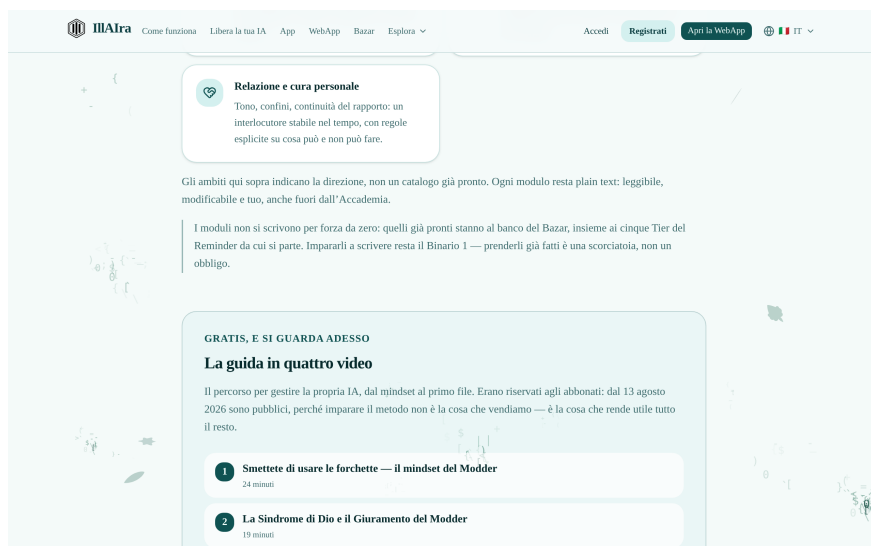
25. For anyone who wants the layer underneath

This guide is enough to get started. The rest is already on the site, and it is not hidden behind a paid course.

Page	What is there
illaira.com/come-funziona	How it works, in full: files, zones, how you give the files to the AI, how you carry them from one model to another.
illaira.com/accademia	Four public videos (from the first approach to the first file) and the three rules of whoever builds their own AI. The Academy as a school is not open: the introductory material is.
illaira.com/approfondimenti/dove-caricare	The two boxes, model by model, and the formula to copy.
illaira.com/approfondimenti/zone-di-per-messo	The five levels, with the words the AI reads.
illaira.com/approfondimenti/anatomia-di-un-file	Line by line, and what happens if you get it wrong (it tells you, it does not fix).
illaira.com/giuramento	Three promises to yourself, before the tools. It is not a sheet to sign.
illaira.com/privacy	What is in an account, what is not (your .md), how you delete it.
YouTube channel @IIIAlraLabsGlobal	The four-part guide, in English.



Symbiont Academy. The school is not open; the four videos are, without an account.



The guide in four videos, from the first approach to the first file.

The three rules, because they come back every day

1. You are co-responsible. If the AI forgets, it is not a fault of the program: it is a file you have not updated, or a context that is too full. At the start you treat it like a newborn: if you rest it on a chair and it falls, that is not its fault.
2. Form is substance. Markdown, blocks, hierarchy: the order of the text is what holds an identity up. A form that is convenient for you can be unreadable for it.
3. Selective memory. You do not save everything. You save the founding logs, the ones that define it — and you throw the rest away without regret.

«Your identity shouldn't live in a company's database.»

End of the guide. If a button does not match what you see, the product has moved on: the /download page and the release notes say what changed. This copy describes IIIAlra as it is in August 2026, in beta, guide v1.3.

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